Matthew Mitchell, PhD Senior Research Fellow



ALASKA'S CON LAW

LESSONS FROM THREE DECADES OF RESEARCH

Alaska Senate
Health & Social Services Committee

March 27, 2019

WHAT IS A CON LAW?



A permission slip to compete

Not a quality gate

Designed to assess "need"

Unusual in a market economy

A barrier to entry that restricts supply

Anticompetitive



1974
National Health
Planning and
Resources
Development
Act

A SHORT HISTORY OF CON LAWS

Ensure an adequate supply of HC

Ensure rural access to HC

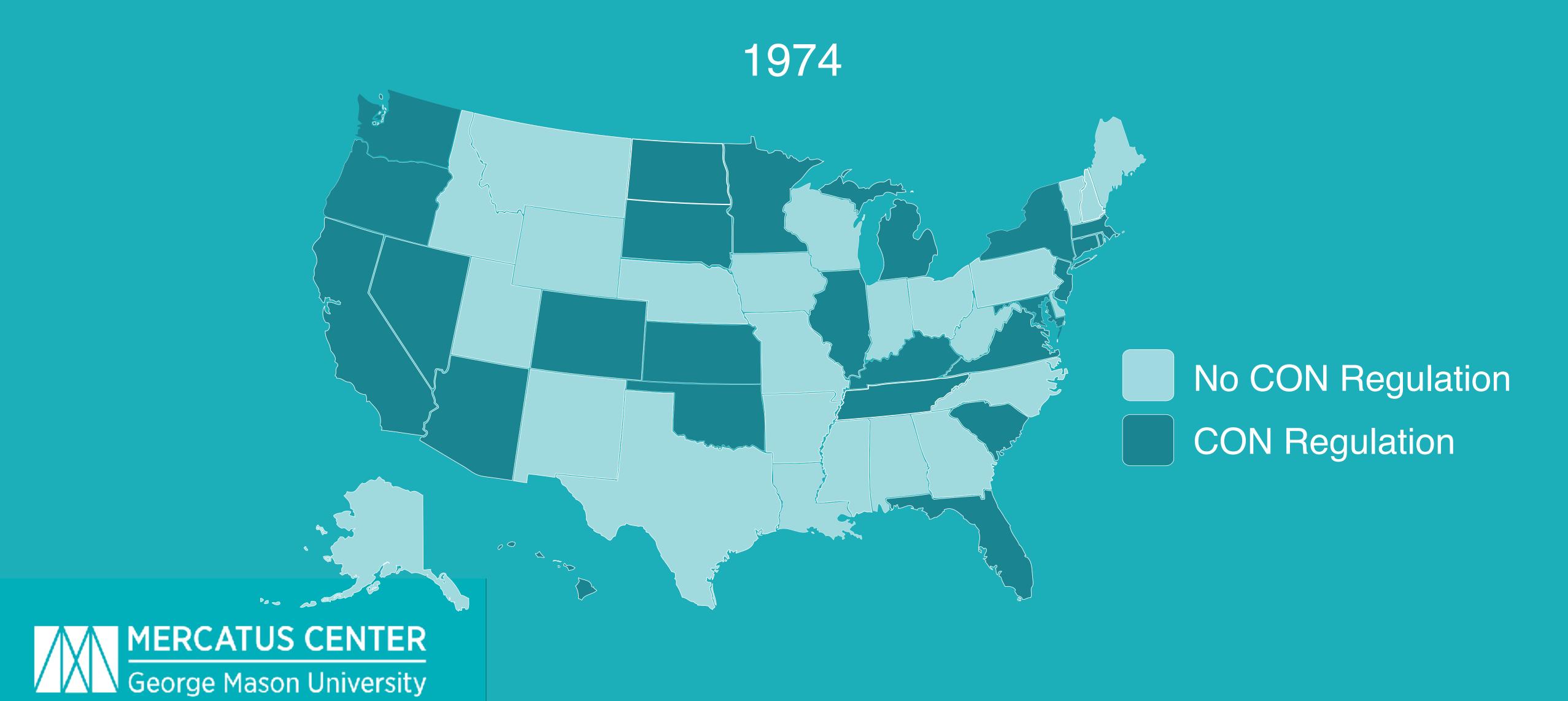
Promote high quality HC

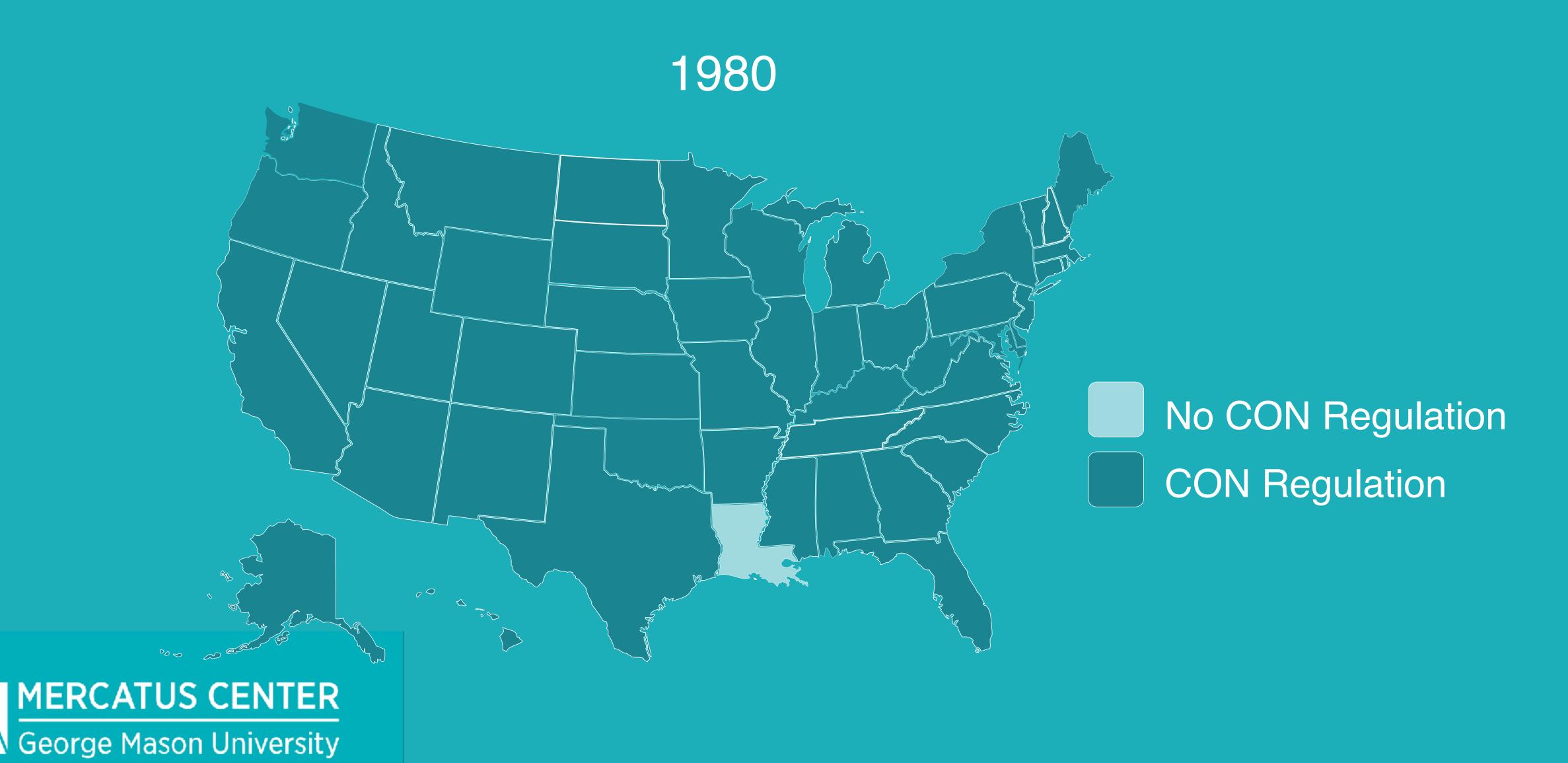
Promote charity care

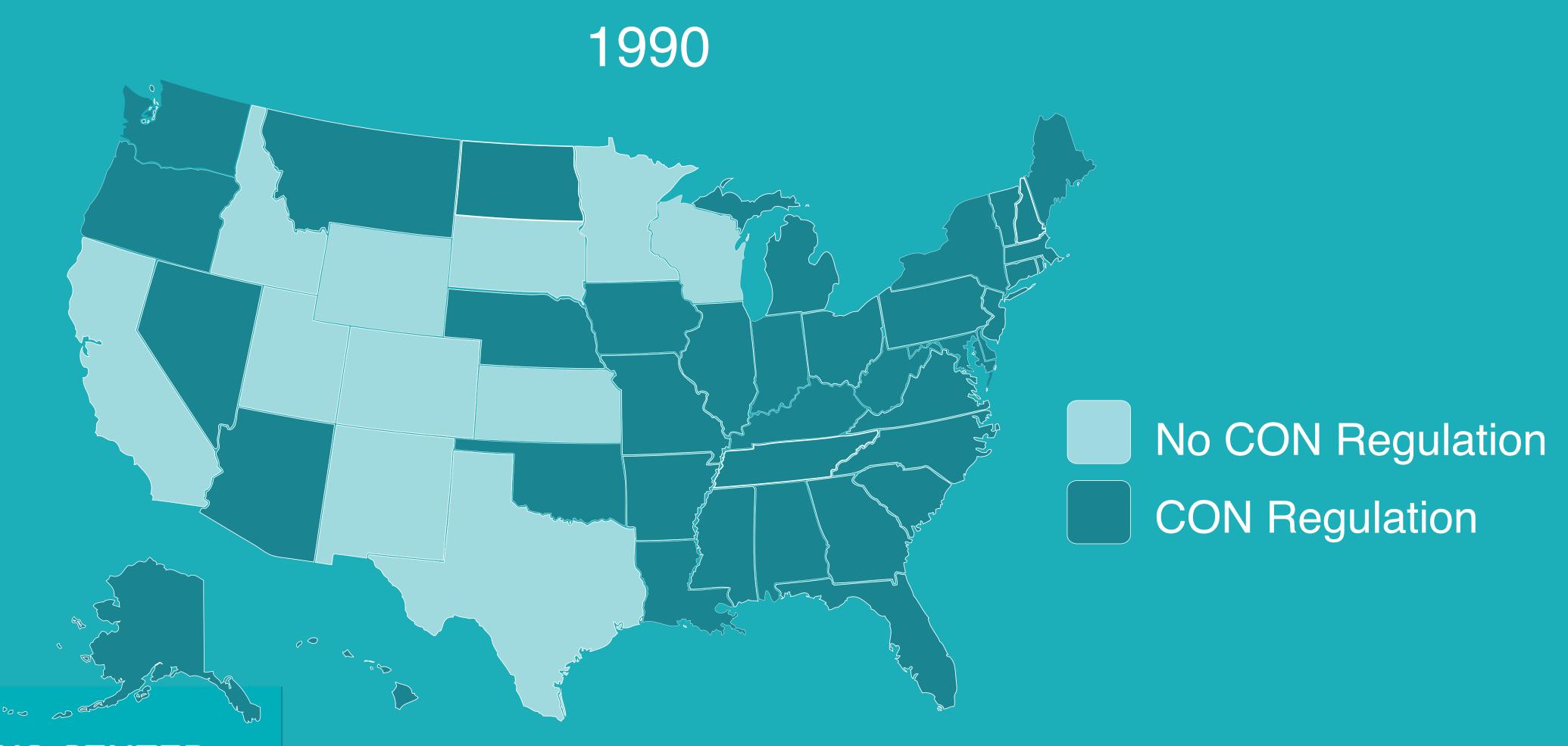
Encourage hospital substitutes

Restrain the cost of care

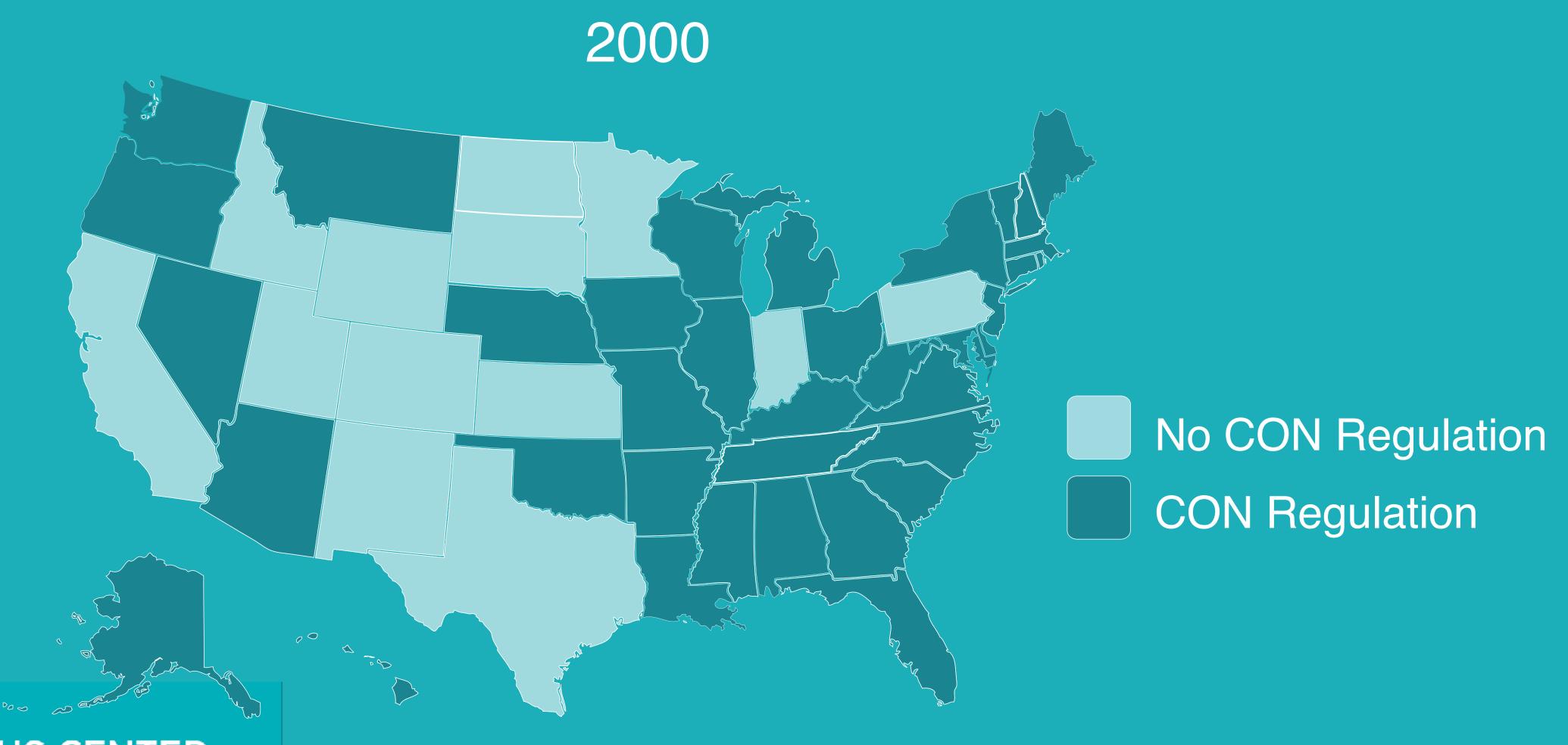




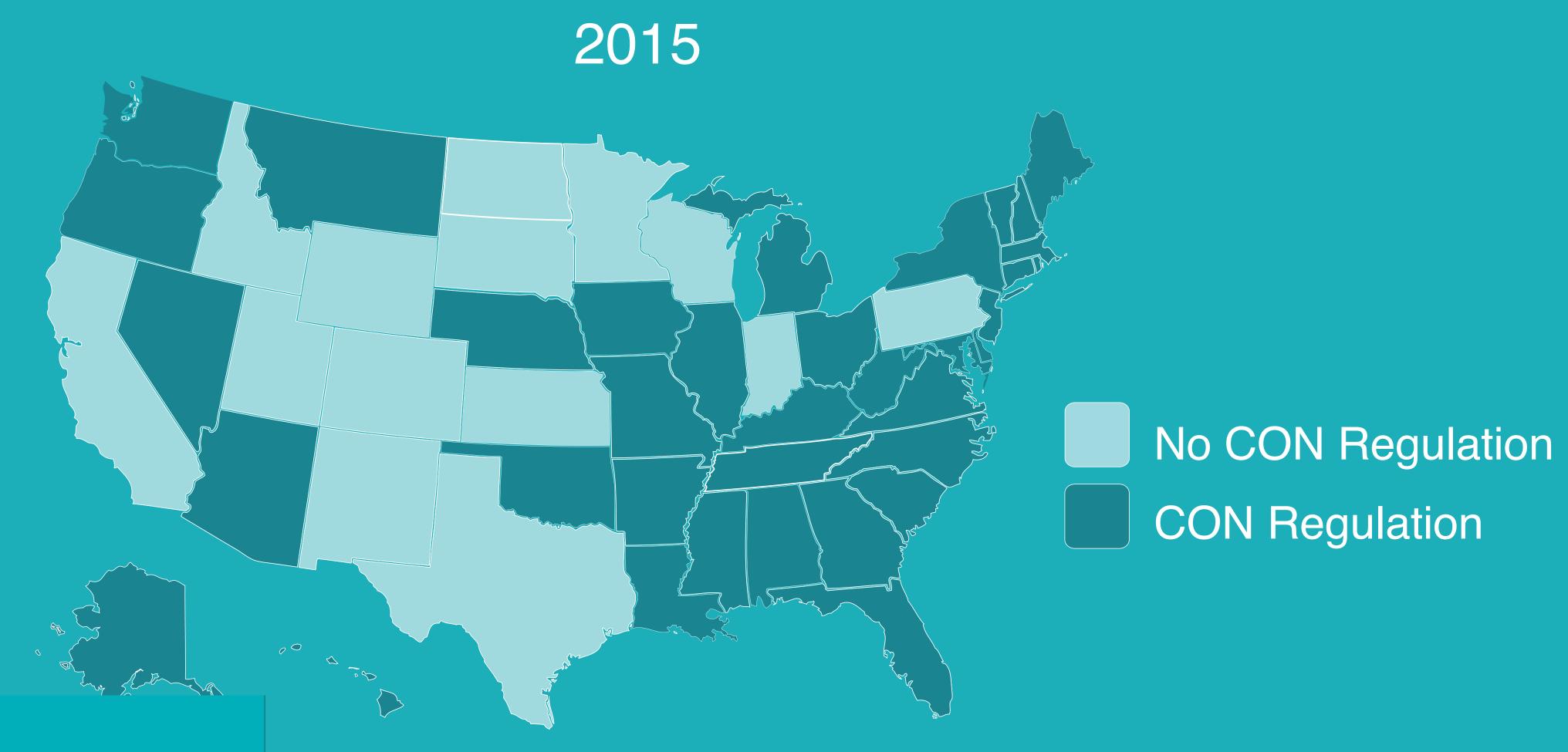




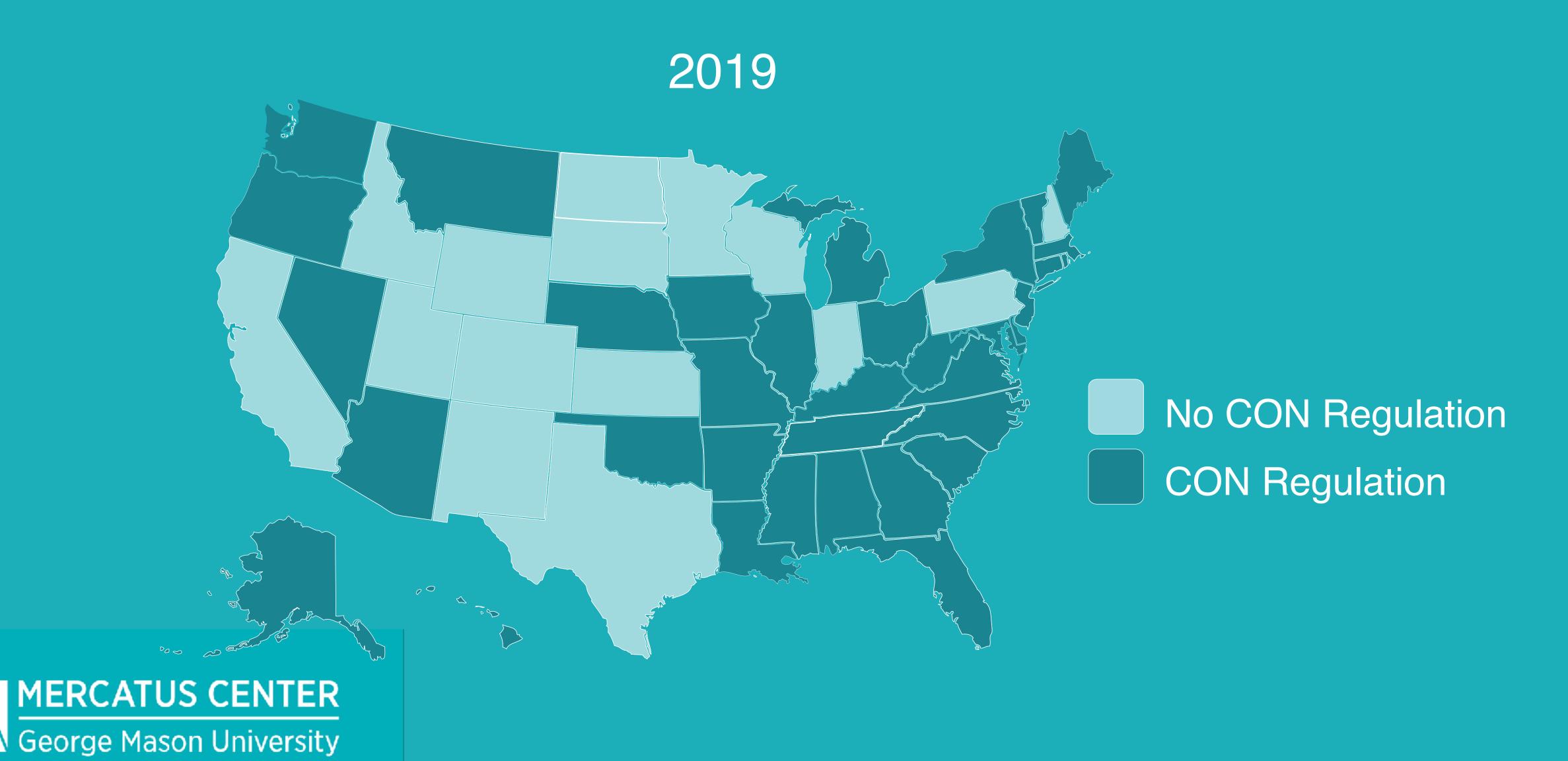












ALASKA'S CON LAW

lithotripsy radiation therapy

organ transplants

PET Scanners

MRI Scanners

burn care Nursing home beds
psychiatric services ct Scanners

open-heart surgery

NICU Renal failure / dialysis

cardiac catheterization obstetrics

mobile Hi tech

long-term acute care

acute hospital beds

subacute services

Ambulatory surgical centers



gamma knives

1974
National Health
Planning and
Resources
Development
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THE STATED GOALS OF CON LAWS

Ensure an adequate supply of HC

Ensure rural access to HC

Promote high quality HC

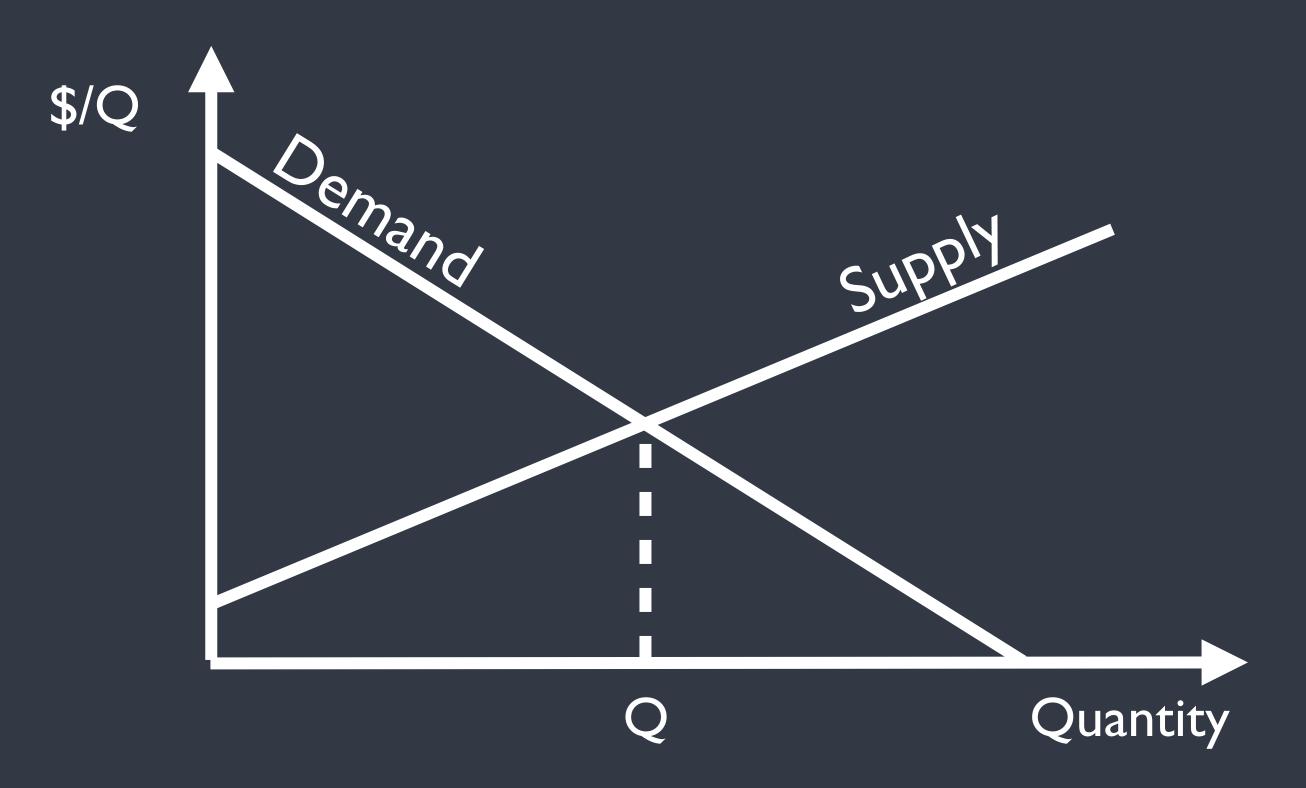
Promote charity care

Encourage hospital substitutes

Restrain the cost of care

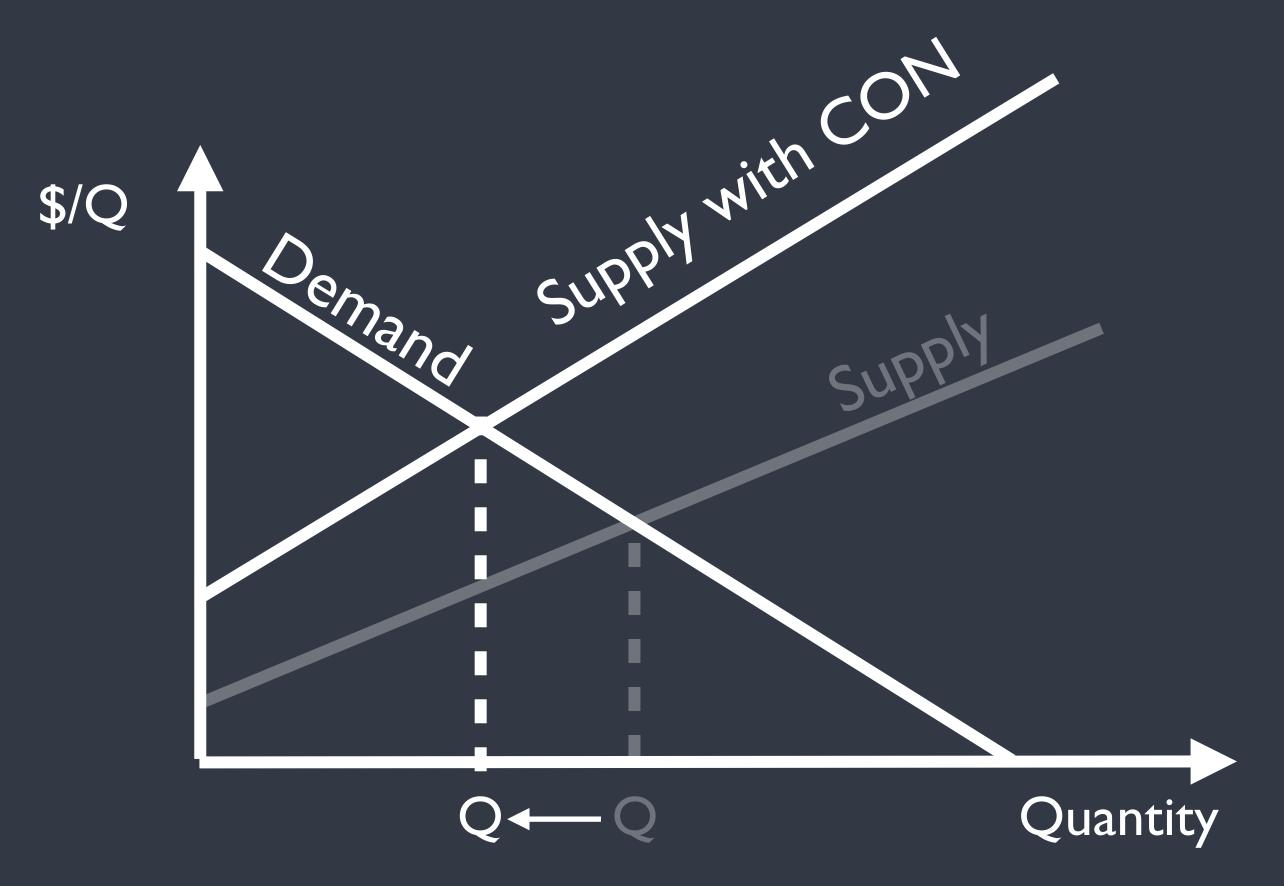


THE REALITY OF CON LAWS Ensure an adequate supply of HC?





THE REALITY OF CON LAWS Ensure an adequate supply of HC?





THE REALITY OF CON LAWS Ensure an adequate supply of HC?

Limited supply of dialysis clinics (Ford and Kaserman, 1993)

Limited supply of hospice care (Carlson et al., 2010)

Fewer hospitals per capita (Stratmann and Russ, 2014)

Fewer hospital beds per capita (Stratmann and Russ, 2014)

Fewer hospitals with MRIs (Stratmann and Russ, 2014)

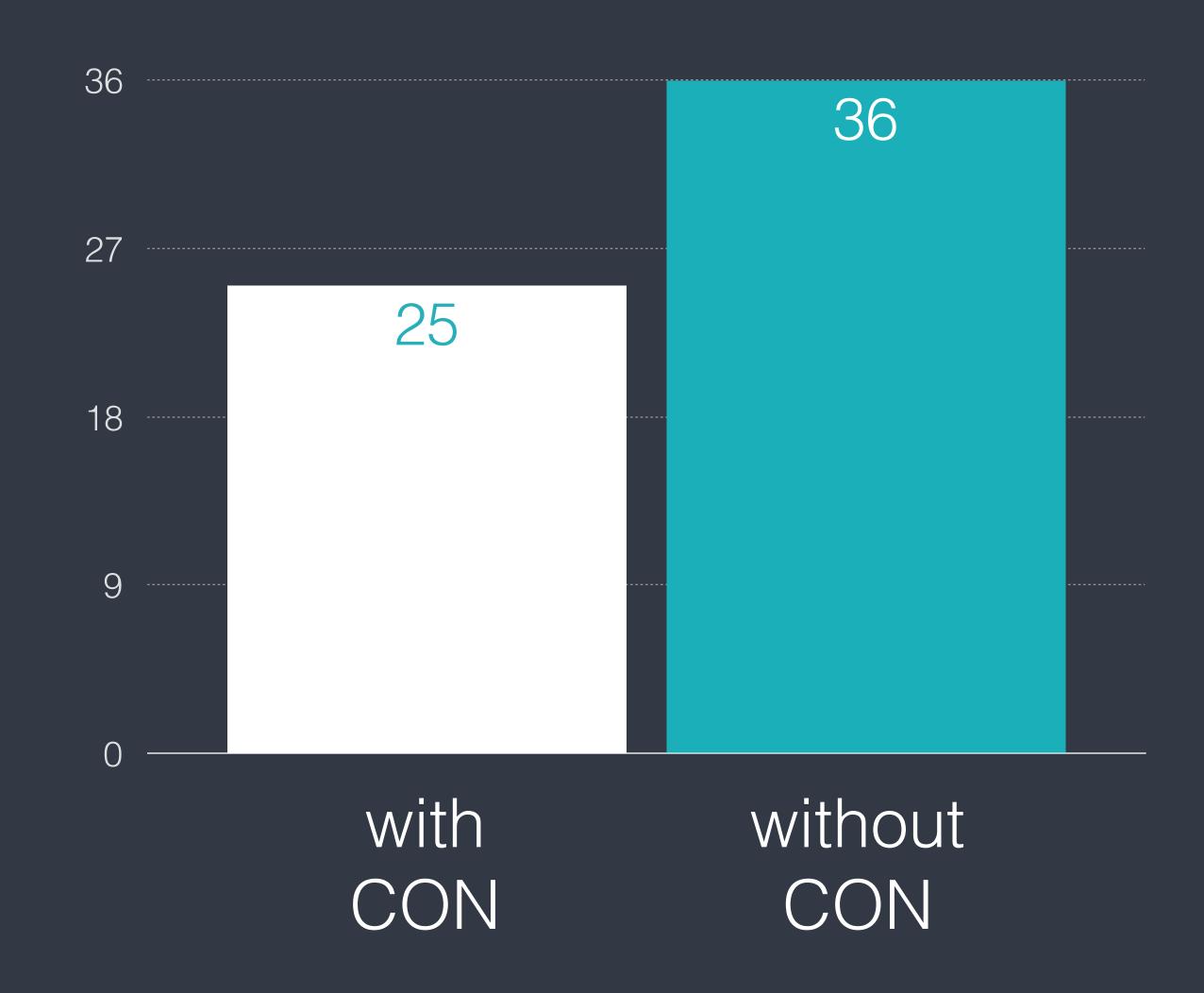
Fewer CT, MRI, PET scans (Stratmann and Baker, 2017)

More out-of-county CT, MRI, PET scans (Stratmann and Baker, 2017)



Ensure an adequate supply of HC?

Estimated number of Alaska hospitals without CON







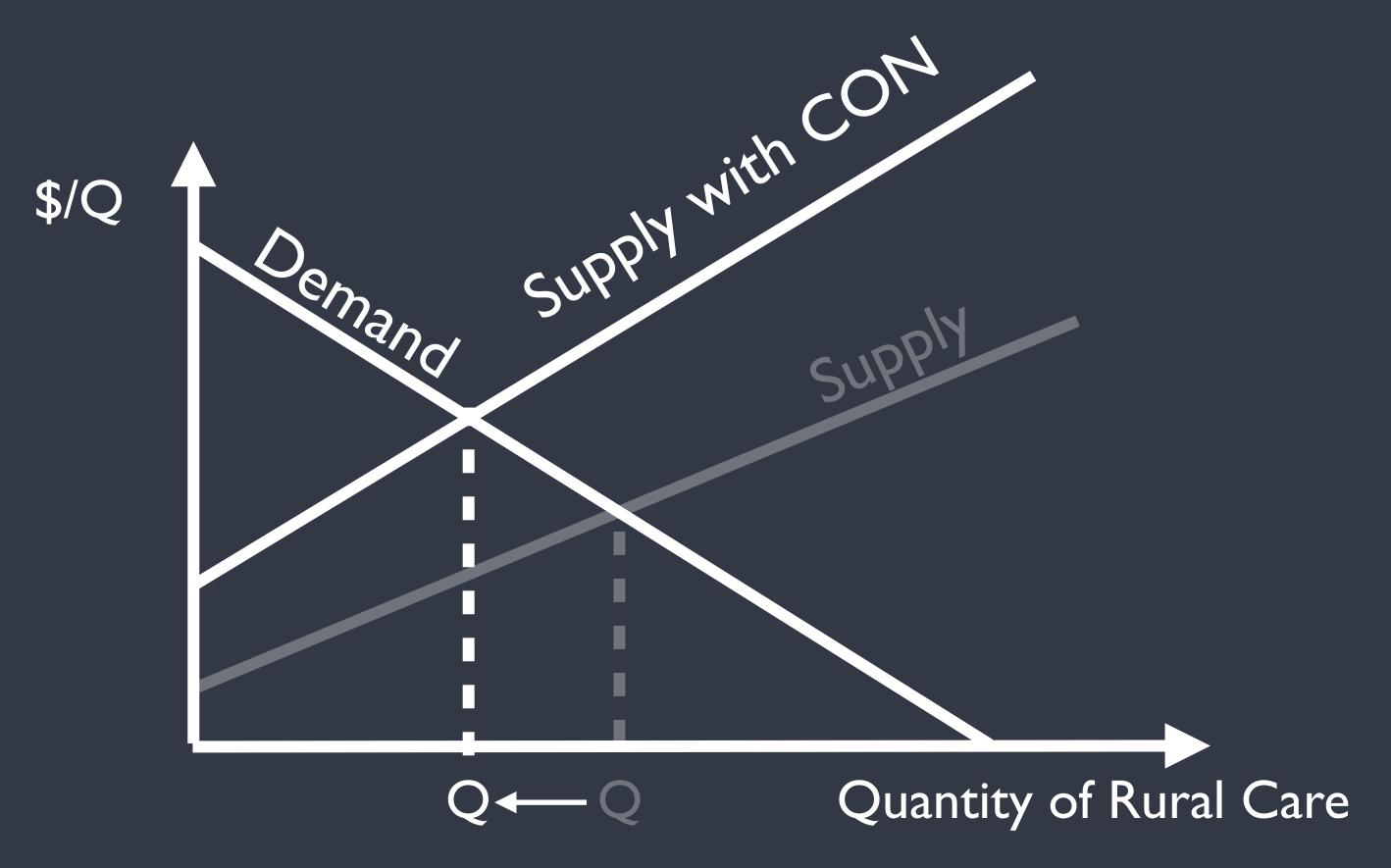
1974
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THE STATED GOALS OF CON LAWS

Ensure an adequate supply of HC Ensure rural access to HC



THE REALITY OF CON LAWS Ensure rural access to HC?





THE REALITY OF CON LAWS Ensure rural access to HC?

30% fewer rural hospitals (Stratmann and Koopman, 2016)

Less access to rural hospice (Carlson et al., 2010)

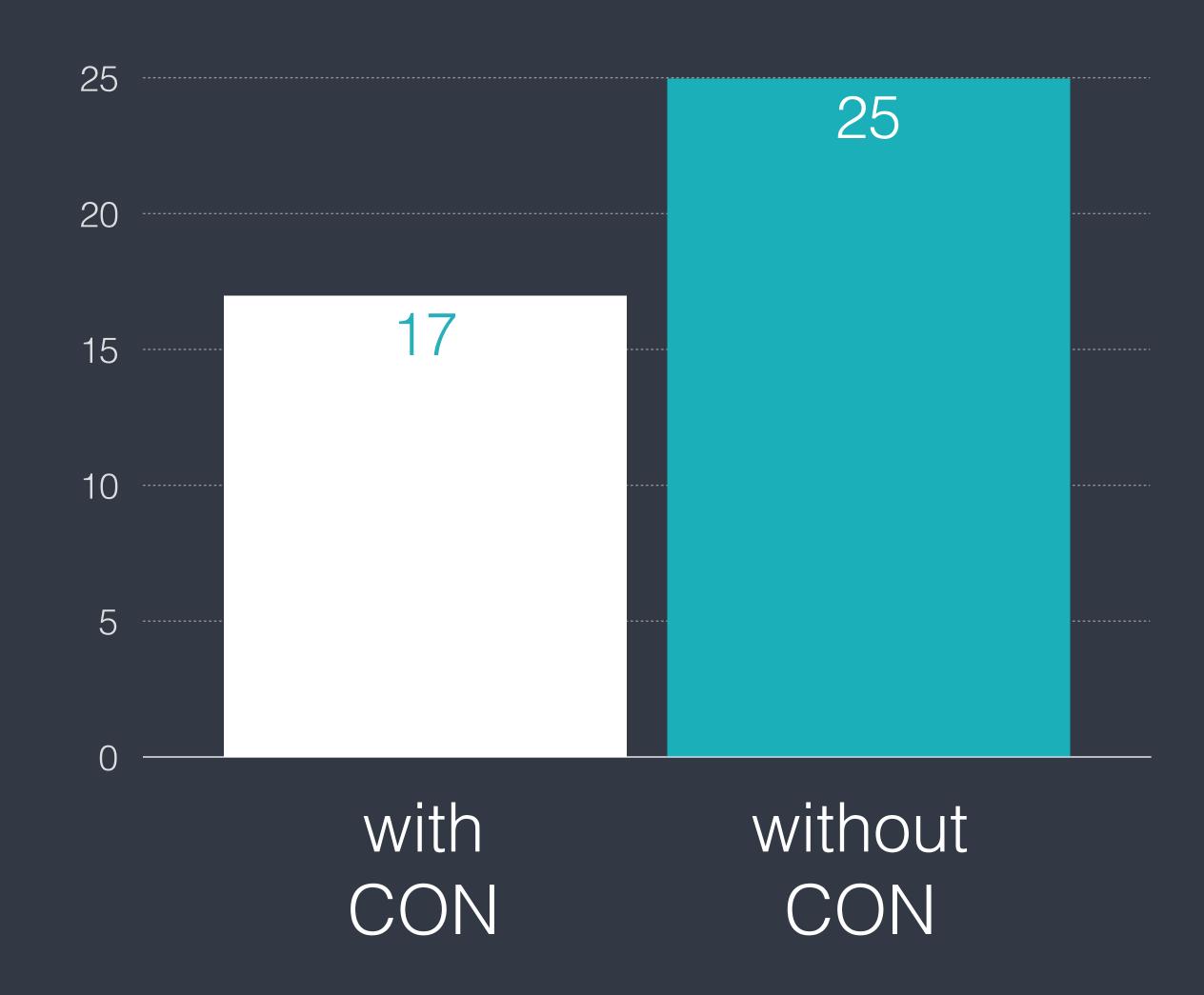
Longer travel distance to care (Cutler et al., 2010)

More out-of-county CT, MRI, PET scans (Stratmann and Baker, 2017)



Ensure an adequate supply of HC?

Estimated number of *rural* Alaska hospitals without CON







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THE STATED GOALS OF CON LAWS

Ensure an adequate supply of HC Ensure rural access to HC

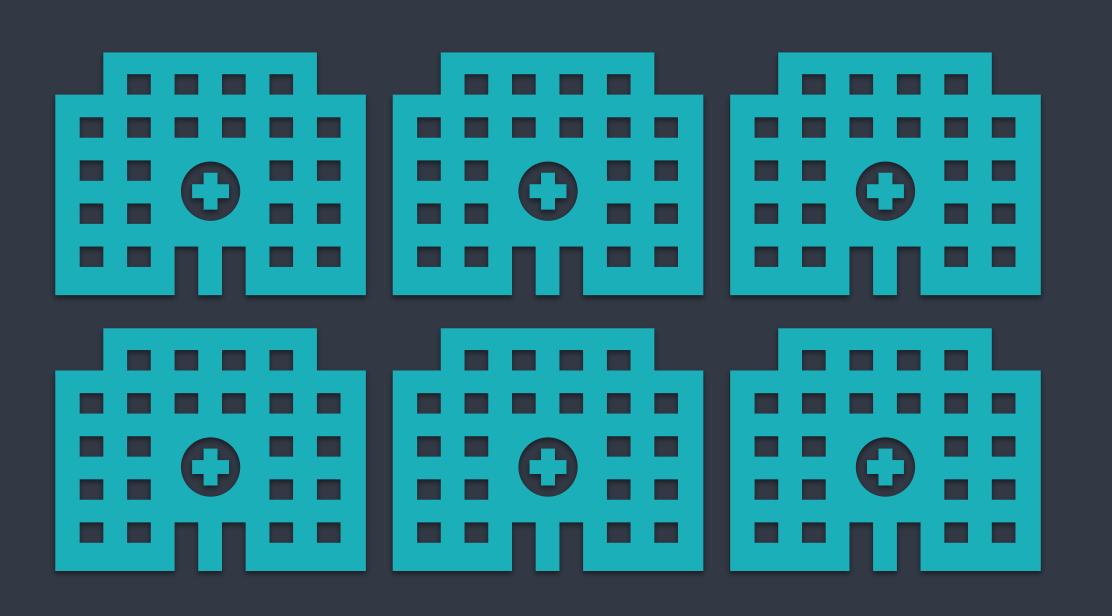
Promote high quality HC



Promote high quality HC?

scale competence vs. less competition







Promote high quality HC?

scale competence vs. less competition

Mixed early research on particular conditions

No effect on all-cause mortality (Bailey, 2016)

Higher mortality rates following heart failure, pneumonia, heart attacks (Stratmann and Wille, 2016)

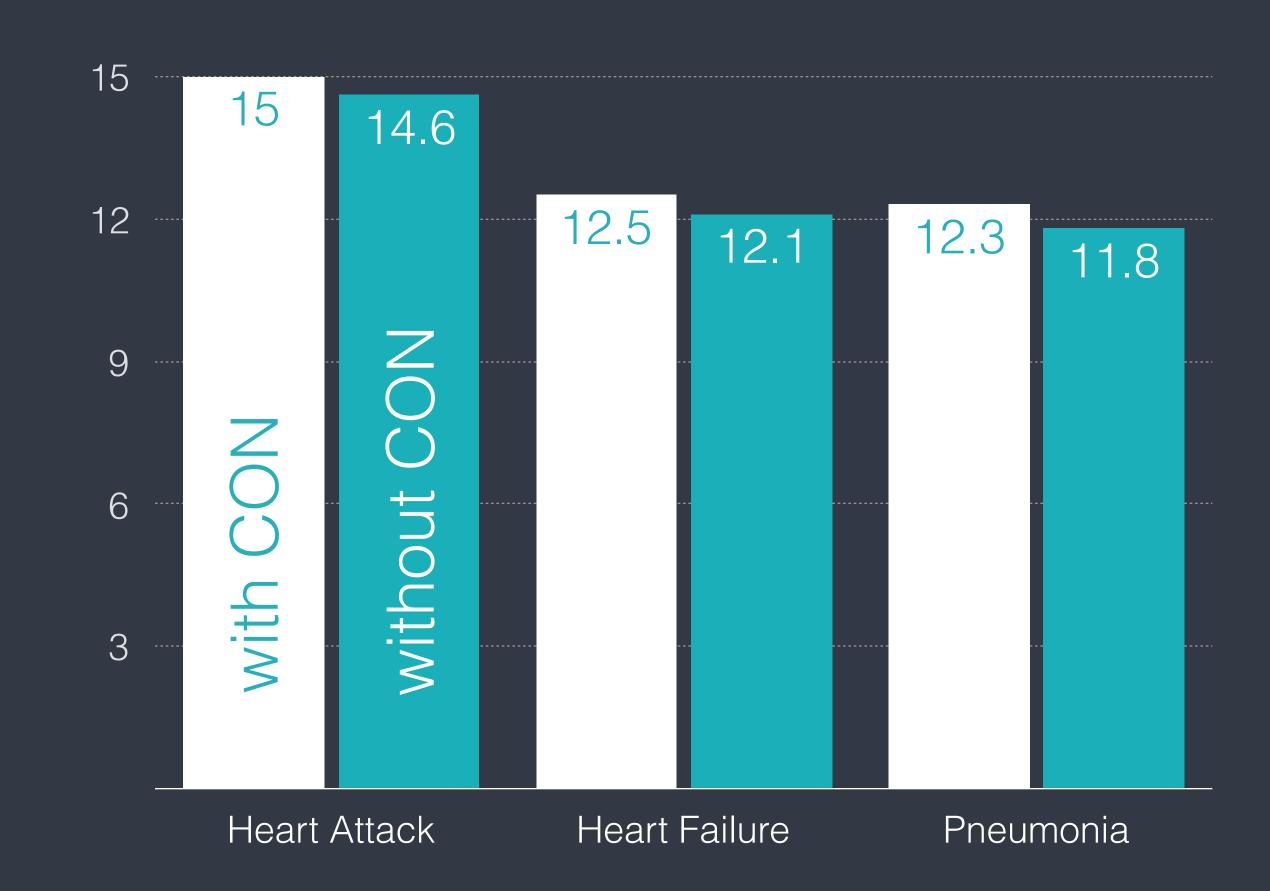
Higher rates of post-surgery complications (Stratmann and Wille, 2016)

Lower levels of patient satisfaction (Stratmann and Wille, 2016)



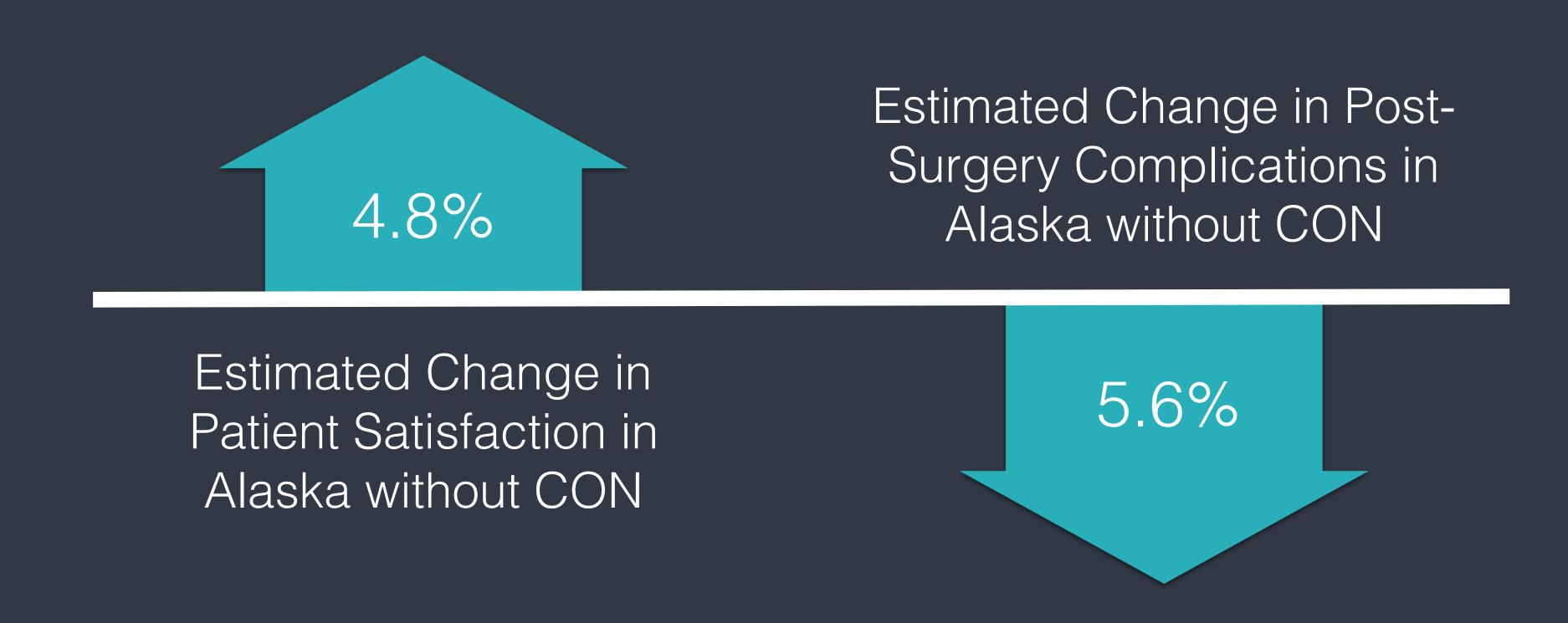
Promote high quality HC?

Estimated mortality rates in Alaska





Promote high quality HC?







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THE STATED GOALS OF CON LAWS

Ensure an adequate supply of HC Ensure rural access to HC

Promote high quality HC

Promote charity care



Promote charity care?

No evidence of higher rates of charity care (Stratmann and Russ, 2014)

Greater racial disparity in the provision of services (DeLia et al., 2009)





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THE STATED GOALS OF CON LAWS

Ensure an adequate supply of HC

Ensure rural access to HC

Promote high quality HC

Promote charity care

Encourage hospital substitutes



Encourage hospital substitutes?

ASC-specific CON states have 14% fewer ASCs per capita (Stratmann and Koopman, 2016)

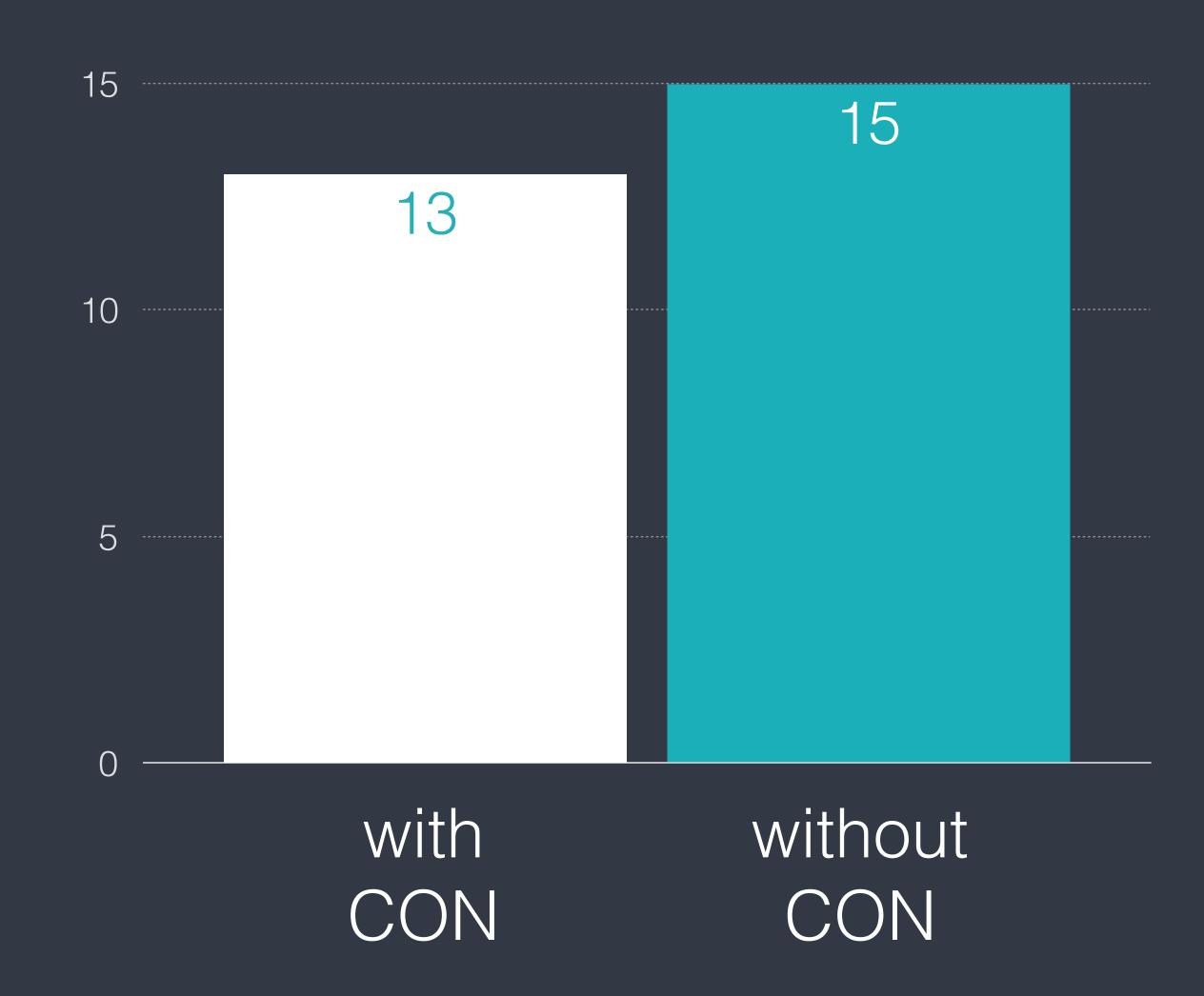
ASC-specific CON states have 13% fewer rural ASCs per capita (Stratmann and Koopman, 2016)

CON limits use of *new* hospitals and *non*-hospital providers, but not existing hospitals (Stratmann and Baker, 2017)



Encourage hospital substitutes?

Estimated number of Alaska ASCs without CON







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Promote high quality HC

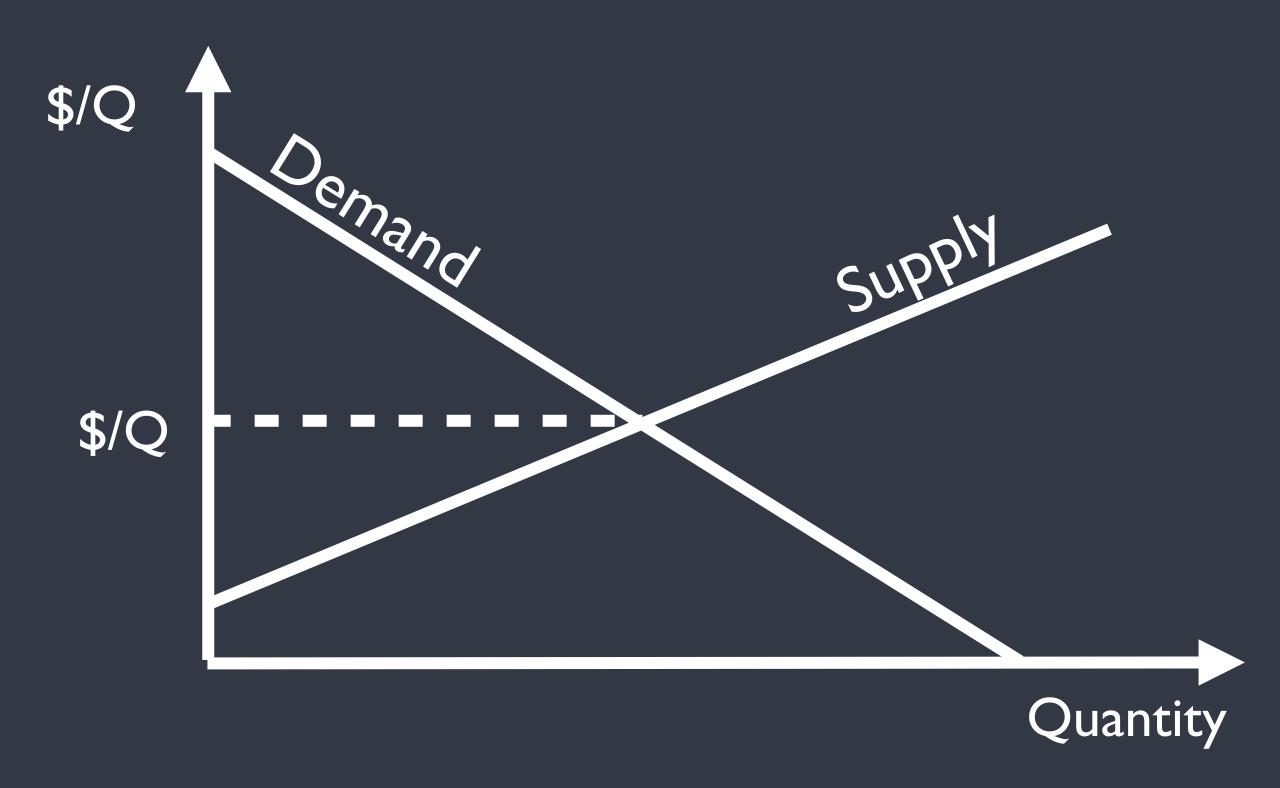
Promote charity care

Encourage hospital substitutes

Restrain the cost of care

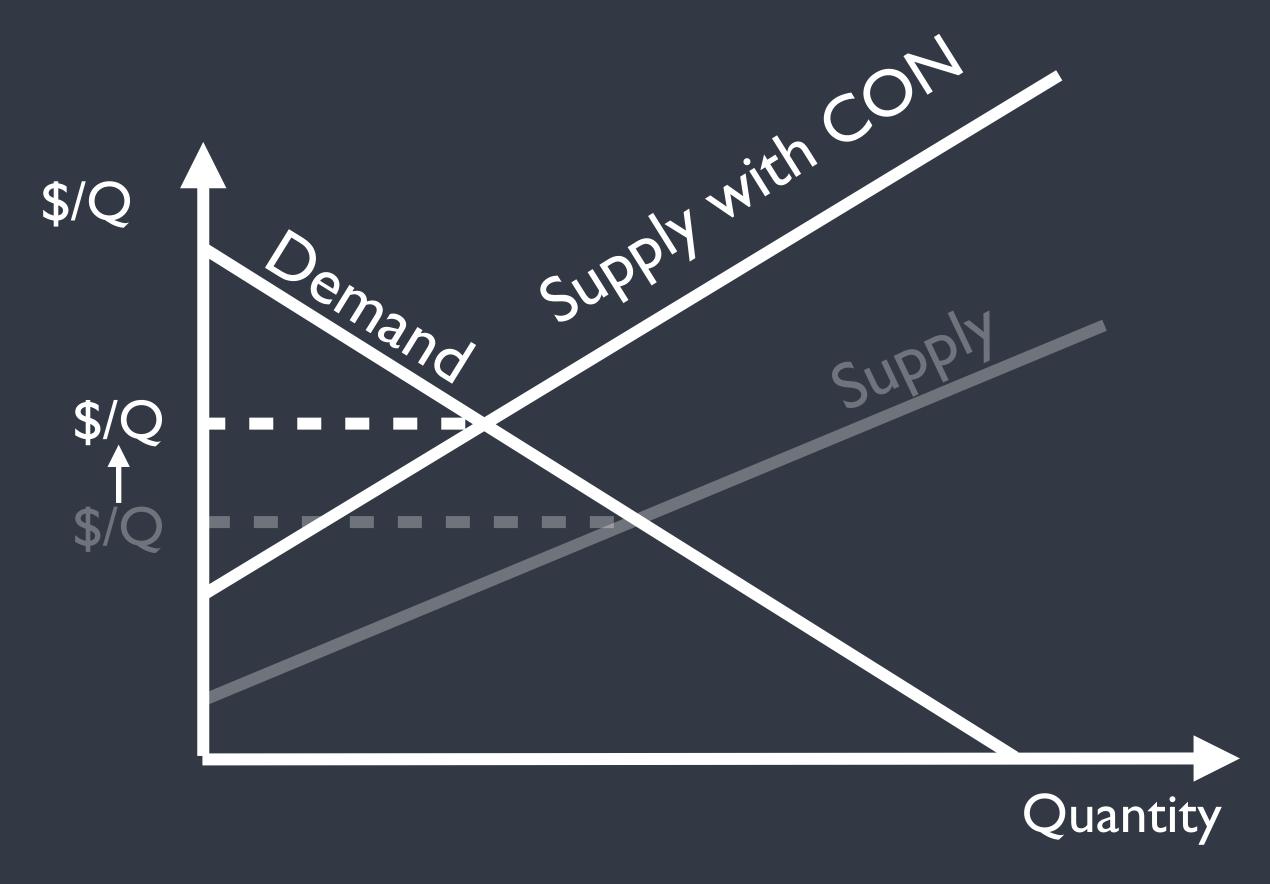


Restrain the cost of care?



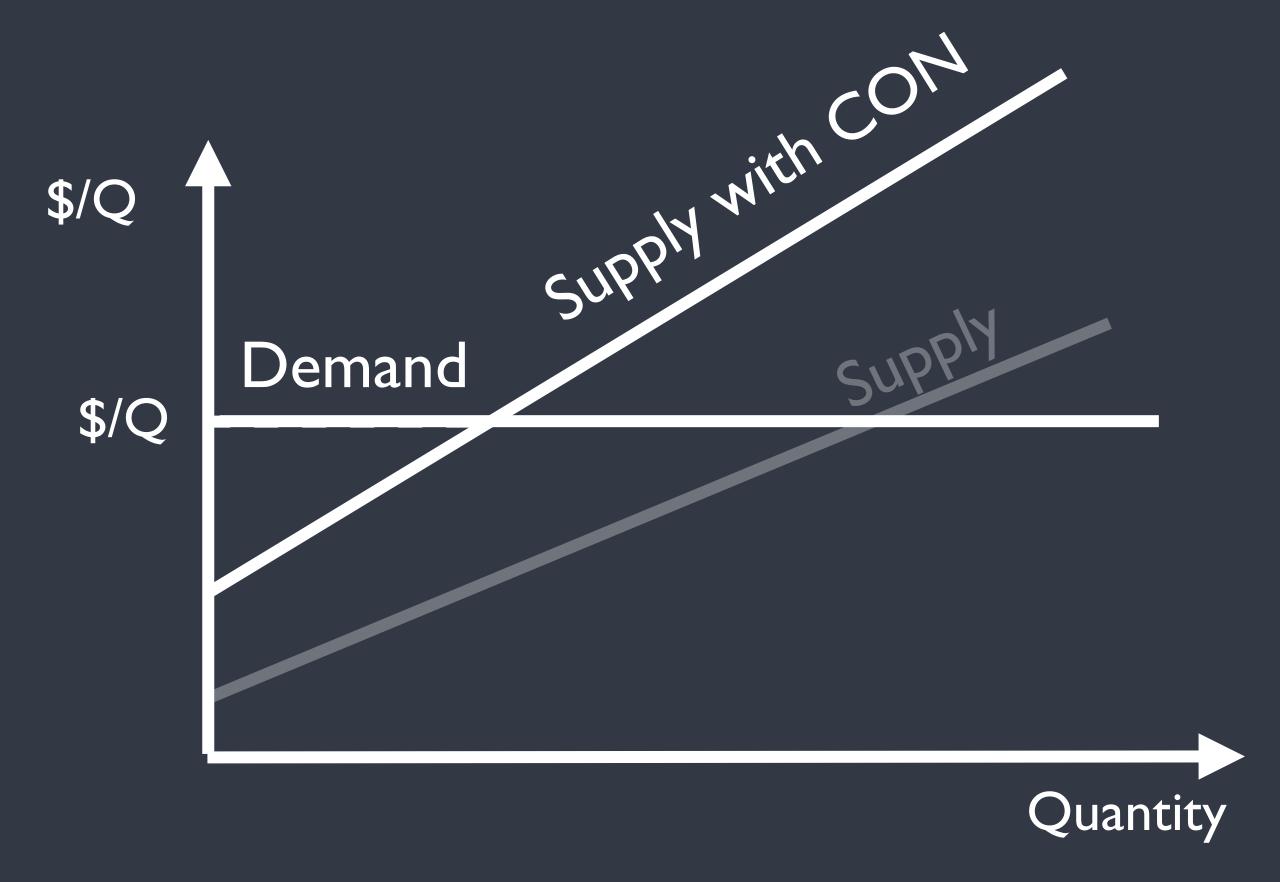


Restrain the cost of care?





Restrain the cost of care?





Do Certificate-of-Need Laws Limit Spending?

Matthew D. Mitchell

September 2016

MERCATUS WORKING PAPER





Do Certificate-of-Need Laws Limit Spending?

Matthew D. Mitchell

September 2016

MERCATUS WORKING PAPER



A review of 20 peer-reviewed academic studies finds that CON laws have worked largely as economic theory predicts and that they have failed to achieve their stated goal of cost reduction. The overwhelming weight of evidence suggests that CON laws are associated with both higher per unit costs and higher total expenditures.



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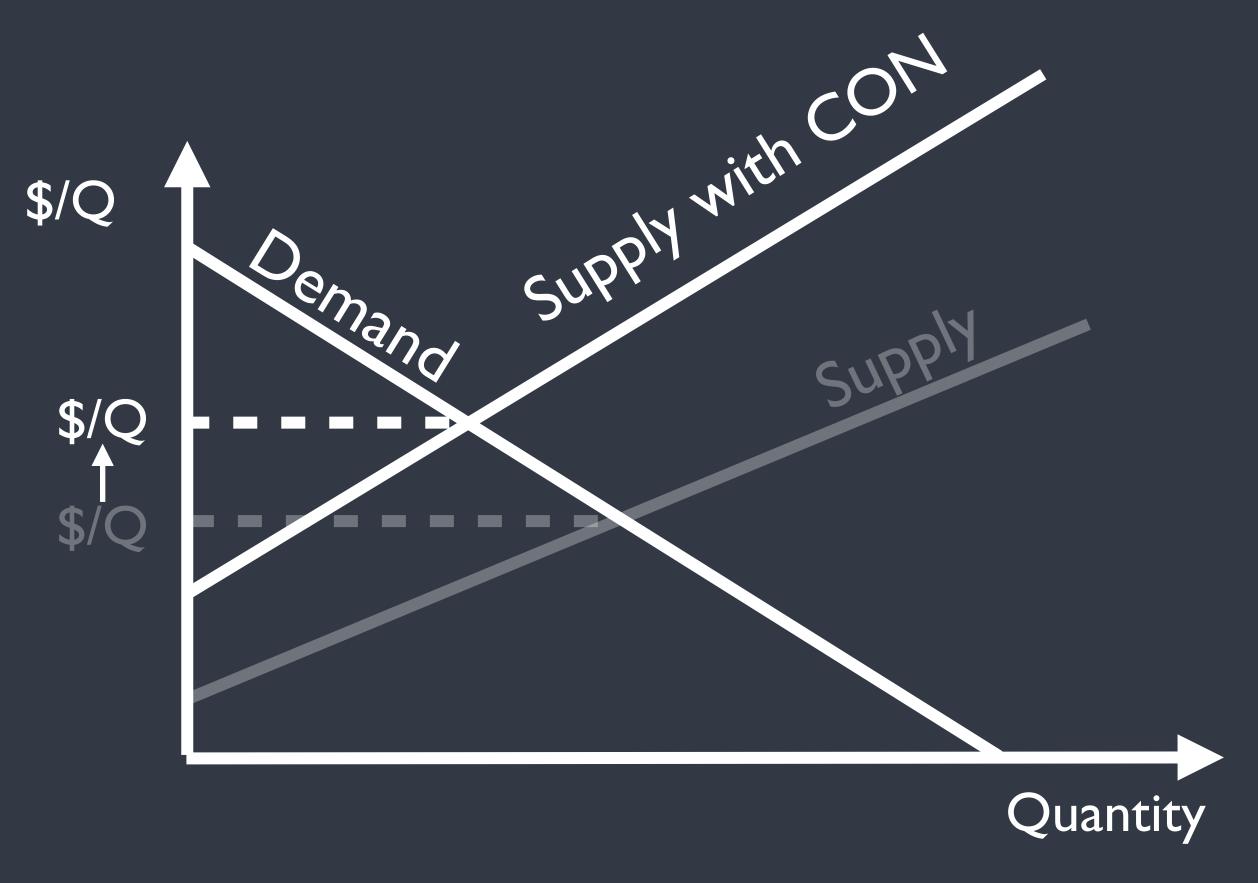
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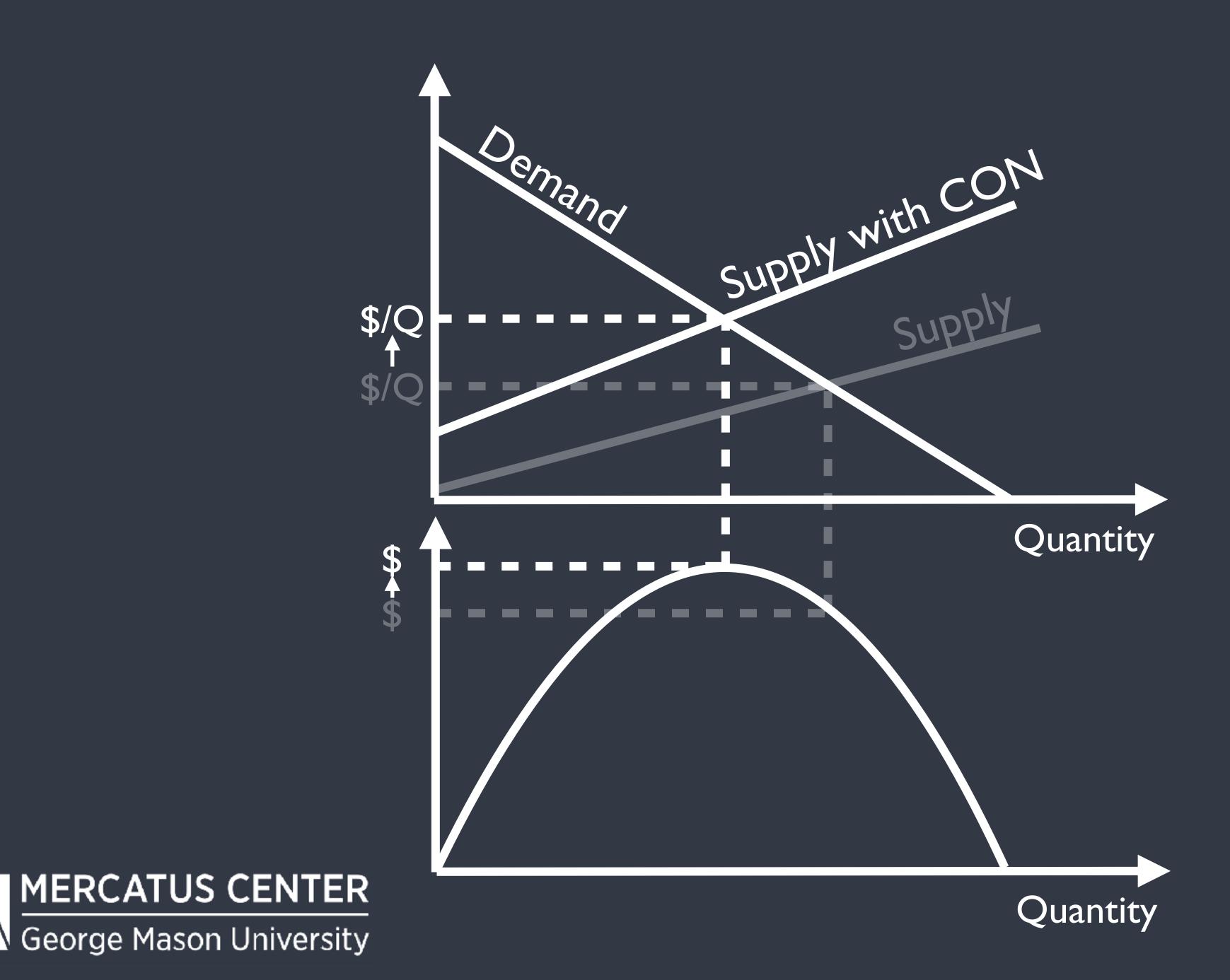
Appendix

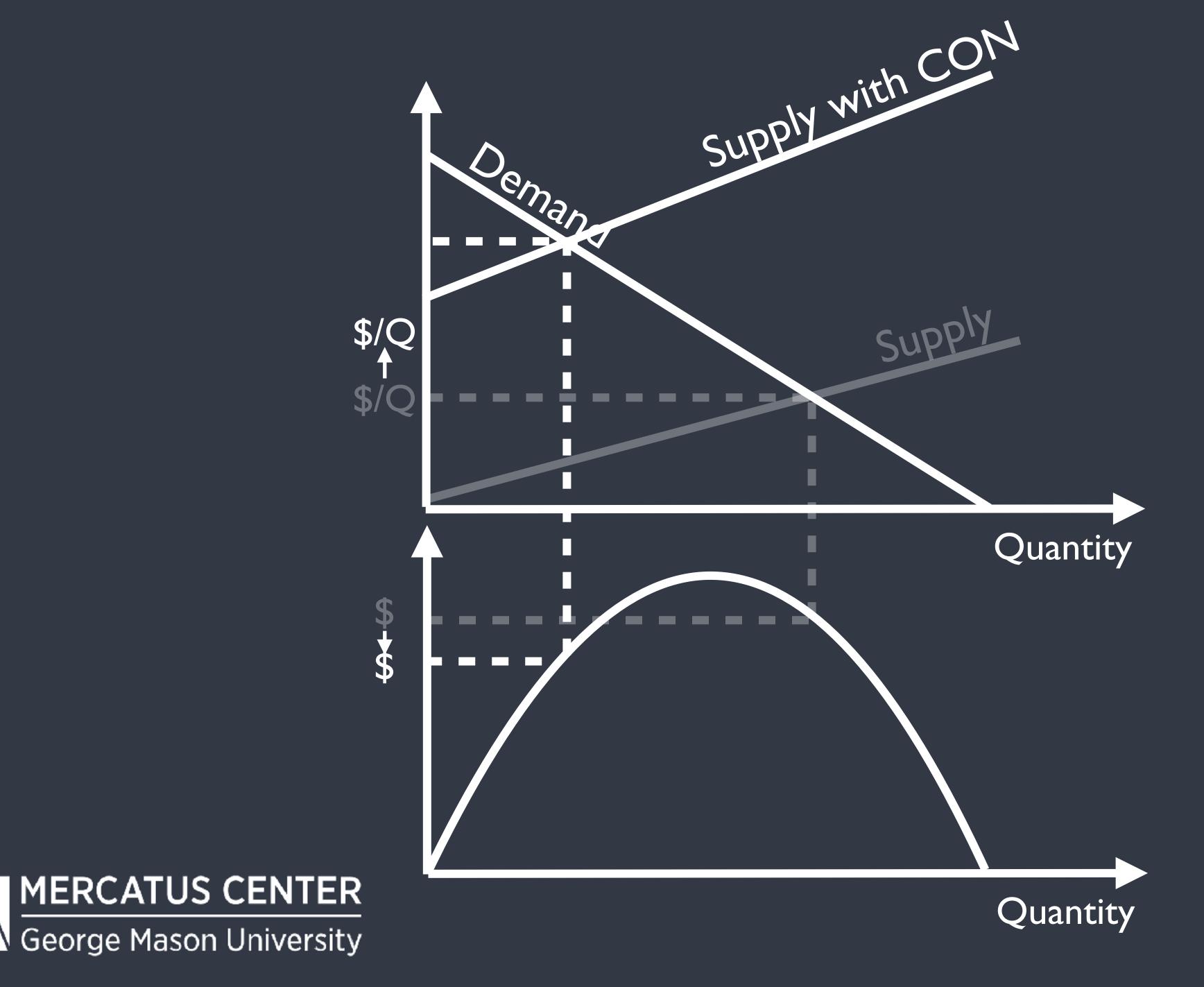


WHY WOULD ANYONE THINK CON LAWS









Restrain the cost of care?

4 decades of research

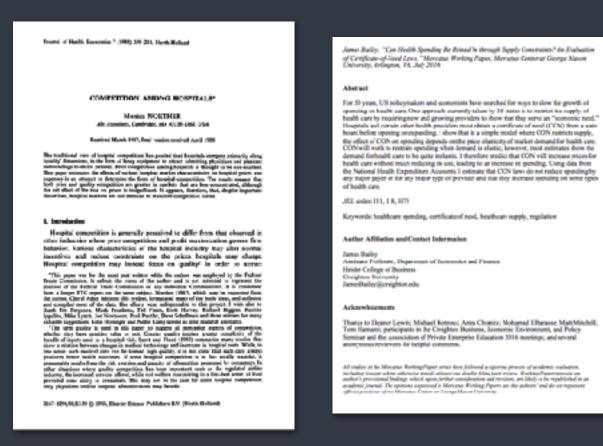
20 studies

ON y peer reviewed





Per unit cost





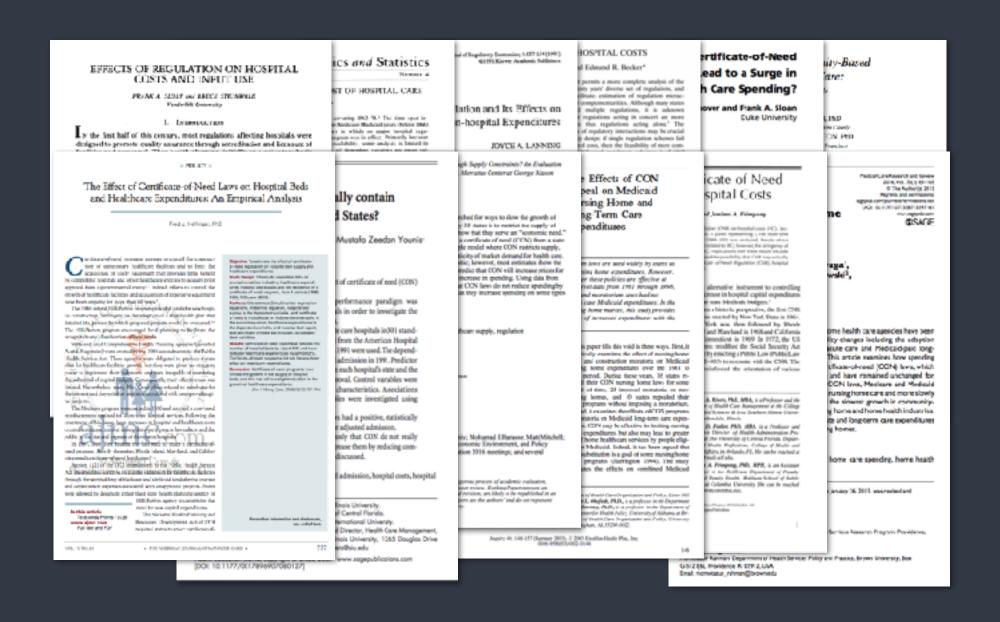
3 studies: CON associated with higher cost

1 study: No detected effect on Medicaid costs





Per patient expenditure



7 studies: CON increases expenditures

2 studies: No statistically significant effect

2 studies: Increases some expenditures and reduces others

1 study: Reduces the number of beds





THE REALITY OF CON LAWS Hospital Efficiency



2 studies: CON increases some measures of efficiency

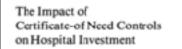
1 study: CON has no effect on efficiency

1 study: CON reduces efficiency





Investment



DAVID'S. SALKEVER THOMAS W. BICE

Certificate-of-Need (CRN) controls over hospital investment have been enacted by a number of states in resent years and the National Health Panning and Resources Development Act of 1974 provides strong incentives for adoption of CON in additional states. In this study, we review the puestions that have been raised about the affectiveness of CCIN controls and then we develop quantitative estimates of the insecret CON on investment. These estimate show that CON did not reduce the total dolle volume of investment but abrend its composition, returbing expansion in bed supplies but increasing investment in new services and equipment. We suggest that this finding may be due to (1) the emphasis in CON laws and programs on controlling bed supplies and (2) a substitution of new services and equipment for additional heds in response to financial factors and organizational pressures for expanion. Finally, we cution against the conclusion that CCN controls should be broadened and tighteened, shough our results might be so interpreted, because of the practical difficulties involved in reviewing and certifying large numbers of small in-vestment projects.

Introduction

trots have emerged as important regulatory mechanisms for moderating the rise in health services expenditures. These controls take two forms: (1) legal prohibitions of unnecessary capital investment, and (2) financial controls, whereby a health care institution's eligibility to receive capital or operating funds relating to an investment project is dependentupon the approval of designated planning agencies. Presently, both types are videspread. Legal prohibitions are in effect through sertificate-of-need (CON) laws in twenty-four states, and similar legislation has been proposed in seven other states (Lewin and Associates, Inc., 1974). Moreover, with the passage of P.L. 93-641, the National Health Planning and Resources Development Act of 19'4, CON was slated for adoption

In the wake of rand post-Medicase cost inflation, investment con-

Several types of financial controls have been applied. Under

MMFQ / Health and Society / Spring 1976

The Effect of Certificate-of-Need Legislation on Hospital Investment

There is greaterly an interest among third purp pages of both the care, Iron-motions, and the public in the capital reportations of both the care the behavior in the public in the capital reportations of both the care can replicate during the post-bloddinest greated by one large mercane in longitude and health care can require distinct during the probabilities greated by the grownling needs too astrong Both Care interaction appearing to the southern of the capital care capital pages interest and depotent by both care the southern of the capital care facilities increases agreeting roots both through larger interest and depotentially admitted the associated coveraing courts both through larger interest and depotentially admitted the associated coveraing extents. The admitted of a wing in a bought will estimate the associated of mere transet, multiclassified great between agreety or described the associated of market and the impairable the expense pages of the largest of the 19th Association of the department of the capital c

1 study: CON fails to reduce investment but changes its composition

1 study: CON backfires, increasing investment



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