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DATA SHEET • INTERSTATE MIGRATION SERIES

North Dakota State Migration, 2018–2023

Population and income movement over five years

KEY FINDINGS: NORTH DAKOTA

ND Cumulative 5-year net migration

−17,179 residents

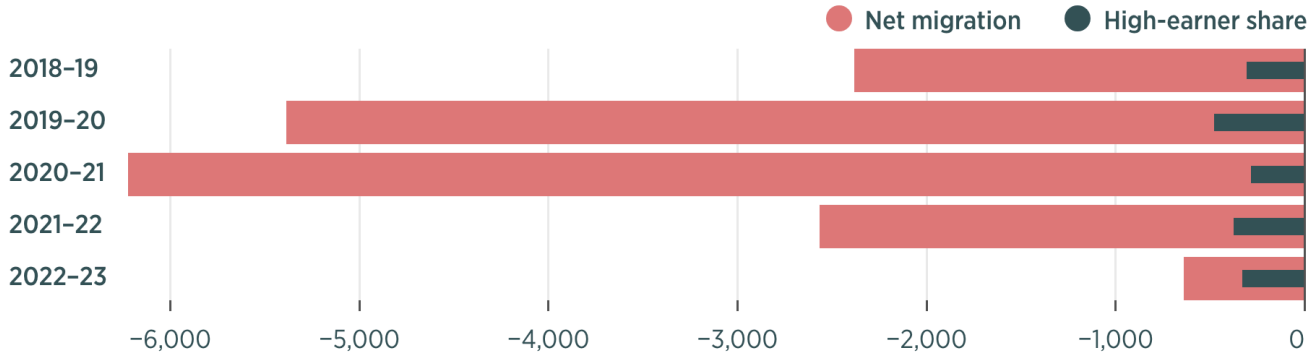
−1,781 (10.4%) high earners

ND Cumulative 5-year net income gain/loss

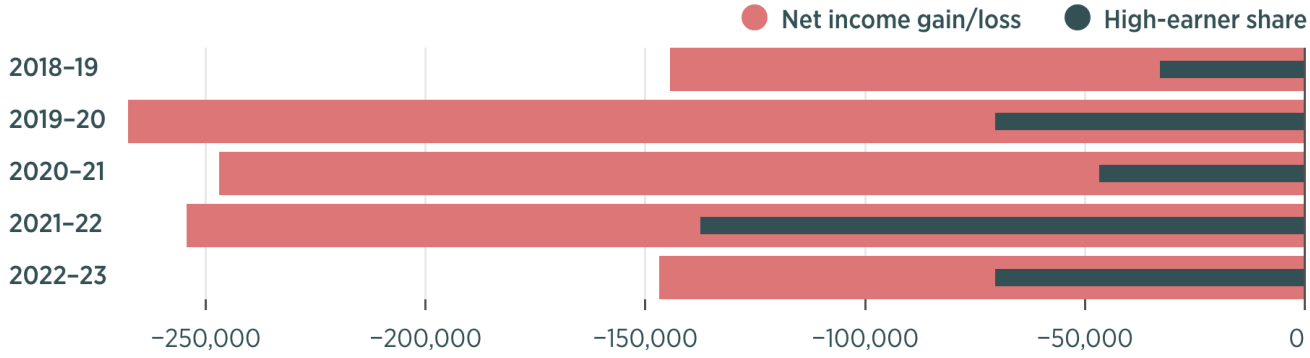
−$1.1 billion

−$359M (32.6%) from high earners

North Dakota: Net migration from other states (number of residents, 2018–2023)



North Dakota: Net income gain/loss ($ thousands, 2018–2023)



The calculations are based on "Gross migration file" data, 2018–2023, from the Internal Revenue Service (IRS), "SOI Tax Stats - Migration Data" (dataset), last reviewed March 20, 2026.

"High earners" refers to taxpayers in the highest tax bracket (more than $200,000 adjusted gross income).

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Visit mercatus.org/interstate-migration or scan the QR code.

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