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**FOR WHOM THE BELL TOLLS**
The Midnight Regulation Phenomenon

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EXECUTIVE SUMMARY

The term "midnight regulations" describes the dramatic spike in new regulations promulgated at the end of presidential terms, especially during transitions to an administration of the opposite party. While widely acknowledged as problematic due to lessened presidential accountability during the midnight period—the time after the November election and before Inauguration Day—midnight regulations present another problem that receives little attention. The number of regulations promulgated during that period could overwhelm the institutional review process that serves to ensure that new regulations have been carefully considered, are based on sound evidence, and can justify their costs.

The Office of Information and Regulatory Affairs (OIRA) is in charge of reviewing all proposed new significant regulations. While the number of proposed regulations spikes during the midnight period, the resources available to OIRA remain constant, setting the stage for a potential collapse of the review process.

Few satisfactory solutions to the midnight regulations phenomenon have been proposed. In this paper, however, we propose one possible solution that addresses the effects of midnight regulation might have on regulatory review: Cap the number of regulations agencies may submit to OIRA for review during a given period.
FOR WHOM THE BELL TOLLS:  
The Midnight Regulations Phenomenon

1  Introduction

The term “midnight regulations” describes the dramatic spike in new regulations promulgated at the end of presidential terms, especially during transitions to an administration of the opposite party. As commentators have pointed out, this phenomenon is problematic because it is the result of a lack of presidential accountability during the midnight period—the time after the November election and before Inauguration Day. Midnight regulations, however, present another problem that receives little attention: the prospect that an increase in the number of regulations promulgated in a given period could overwhelm the institutional review process that serves to ensure that new regulations have been carefully considered, are based on sound evidence, and can justify their costs.

The regulatory review process that every president since Richard Nixon has used to check his own administration’s regulations is now operated by the Office of Information and Regulatory Affairs (OIRA), which is charged with reviewing all proposed new significant regulations. The problem is that while the number of regulations proposed spikes during the midnight period, the resources available to OIRA remain constant.

Although the problem is perennially highlighted in the press, few satisfactory solutions to the phenomenon have been proposed. We propose that one possible solution to address the effects of midnight regulation on regulatory review might be to cap the number of regulations agencies may submit to OIRA for review during a given period.

Section I of this article presents updated evidence of the midnight regulation phenomenon’s existence, reviews its causes, and asks whether increased regulatory output is an effective strategy on the part of outgoing administrations. Section II discusses the concerns raised by midnight regulations, with a special focus on the lack of proper OIRA oversight during the midnight period. Finally, section III reviews several proposed solutions to the midnight regulations problem and puts forth our own suggestion to address the effects of midnight regulations on regulatory review.

2  The Midnight Regulations Phenomenon

The ability of a lame-duck president to achieve anything in the last months of his presidency has been described as “like a balloon with a slow leak that shrinks with each passing week until it hits the ground.” Nonetheless, in his last days in office, President Bill Clinton managed to promulgate an unprecedented number of midnight regulations, ranging from tightened water-quality rules to lead and diesel sulfur-reduction rules, an arsenic-in-drinking-water standard, a significant ergonomics rule, and energy-efficiency standards for air conditioning, heat pumps, and washing machines. Virtually every modern president has made some significant regulatory change in the final days of his administration, but it was not until the regulatory outburst in the final days of President Jimmy Carter’s presidency that the term “midnight regulation” was coined. The Carter administration set the record (at the time) for the number of pages printed in the Federal Register during the midnight period with 24,531 pages.

Clinton’s outsized promulgation of midnight regulations as late as January 22, 2001, sparked a renewed interest in the use of presidential power in the period between an election and a new administration. During its midnight period, the Clinton administration published more than

This sudden outburst of regulatory activity is not just a characteristic of Democratic administrations. Late in his presidency, President George H. W. Bush's administration instituted a regulatory moratorium, yet in its waning months it issued a large number of regulations, including a significant proposal loosening the rules on how long truck drivers could stay on the road between breaks.

Cochran’s explanation for this phenomenon is what he calls the Cinderella constraint. He explains, “as the clock runs out of time on the administration’s term in office, would-be Cinderellas—including the president, cabinet officers, and agency heads—work assiduously to promulgate regulations before they turn back into ordinary citizens at the stroke of midnight.”

Recent Mercatus research takes a second look at the existence of the midnight regulation phenomenon. It uses an extended data set—from 1948 to 2007—and examines monthly data instead of quarterly data. It also measures the extent of regulation differently than Cochran did: the number of Federal Register pages in the current month is represented as a percentage of total pages published during the calendar year (as opposed to simply considering the total number of pages published). This change allows the researchers to capture the increase in regulatory activity during the post-election months for a given administration relative to the administration’s annual regulatory output.

Our recent research shows that transition periods usually are accompanied by outbursts in regulatory activity, especially when the presidency switches from one party to the other. Figure 1 shows the number of pages added to the Federal Register between 1946 and 2006 during the last three months of a calendar year as a fraction of total pages added for the entire year (the three-month moving average). Figure 1 contrasts the growth during nontransition quarters—the quarters in which no presidential election occurs—and the growth during
transition quarters—the quarters in which a presidential election does occur.

The data show that, under normal circumstances, during the course of a year, pages are added to the Federal Register at a constant rate—they are spread equally throughout the year. In other words, 25 percent of the pages added to the Federal Register during a calendar year will be added each quarter. However, for quarters in which a presidential election occurred, the number of pages added exceeds the 25 percent baseline 13 out of 15 times. The two exceptions followed the elections of 1976 (Ford succeeded by Carter) and 1984 (Reagan elected to a second term).

Figure 2 also illustrates the midnight regulation phenomenon. It shows the number of pages in the Federal Register from 1946 to 2006. The dots represent the number

16. Authors’ calculation based on number of pages in the Federal Register.
17. Authors’ count of Federal Register pages.
of pages added in a given month, and the squares highlight the number of pages added during the months of a transition period. The solid line represents a nonlinear smoother line that reveals underlying trends in the data. Figure 2 shows that the number of pages grew slowly between 1945 and 1970. After 1970, the number of pages started to grow rapidly before it decreased slightly in the 1980s. In the 1990s, it increased again, but at a slower pace than in the 1970s.

Pages added to the Federal Register during the transition periods are located well above our reference line, lending a first round of support to the theory that outgoing administrations significantly increase their regulatory activity in the months following a presidential election—especially if parties are changing. After 1970, the number of pages added to the Federal Register increases drastically after an election, especially in 1980, 1992, and 2000 when there was a party switch. We see a smaller increase after elections where there was no switch in the party in power, such as 1984, 1988, and 2004.

With a few exceptions, these results are quantitatively and qualitatively consistent with Cochran’s findings. For instance, they confirm a positive relationship between post-election months and regulatory output. There is also a correlation between Congress and the existence of midnight regulations. This would mean that the more days Congress is in session the month before the start of the midnight period, the more regulations will be promulgated. It might imply that in the last days of a presidential term, Congress too is trying to push regulations out the door. However, even though there is a statistical correlation, this doesn’t mean that one causes the other. In addition, the new data show a positive relationship between the rate of cabinet turnover and regulatory output. The higher the rate of the executive branch turnover—for example, when the entire cabinet is about to be replaced because the incumbent president has lost reelection—the more regulations will be issued during the midnight period. As the rate of the executive branch turnover diminishes—such as following a successful reelection—fewer regulations are issued.

2:B. Explaining the Midnight Regulations Phenomenon

So what causes the midnight regulations phenomenon? It is commonly believed that as the legislative process slows down at the end of an administration’s term, it becomes more difficult for a president to push through an agenda on his way out. However, according to political scientists William Howell and Kenneth Mayer, this is not necessarily the case. The slowdown allows the president to take actions using tools at the executive’s disposal that during any other period would likely be checked and halted by the legislature. The authors explain that with midnight regulations, executive orders, presidential proclamations, executive agreements, and national security initiatives, presidents have ample resources to make policy changes that would stand little chance in the regular legislative process. In other words, it is easier to get things done when Congress is distracted. Another side of this argument is that during this period, the president has less political capital to get things done legislatively, so he uses tools that do not require legislative action.

Additionally, at the end of a term, the president has not only the ability, but an incentive to use these resources to try to push through policy changes. Howell and Mayer explain that midnight regulation occurs when “political uncertainty shifts to political certitude.” During the last 100 days of his administration, a president knows exactly who will succeed him, as well as the new president’s policy positions, legislative priorities, and the level of partisan support the new president will enjoy with the new Congress. The sitting president has every incentive to promulgate last-minute rules and regulations to deftly extend his influence beyond the day he leaves office.

19. Ibid., 5.
20. Ibid.
22. Ibid., 534.
23. Ibid.
24. Ibid.
25. Ibid., 533.
26. Ibid.
For instance, John Podesta, President Clinton’s chief of staff, explained in a *New York Times* interview how “starting in early 1999, we had people down in the White House basement with word processors and legal pads making lists of things we wanted to get done before we left.” Talking about the current Bush administration, he added, “They’ve probably got people down there right now with chain saws and drilling rigs doing the same thing.” And he added, “I am sure they’re going to want to have an impact as they walk out the door.”

This is particularly true if the sitting president (or his party) has lost the election. In that case, the outgoing president not only has an incentive to issue midnight regulations to extend his influence beyond the day he leaves office, but he might also want to impose a cost on the incoming administration. According to Susan Dudley, “Once a final regulation has been published in the *Federal Register*, the only lateral way an administration can revise it is through new rulemaking under the Administrative Procedure Act. Agencies cannot change existing regulations arbitrarily; instead, they must develop a factual record that supports the change in policy.” This may make it extremely costly for a new administration to change last-minute regulations issued by a previous administration.

In fact, according to Nina Mendelson, professor of law at the University of Michigan, some last-minute rules may have such high change and deviation costs that they are close to irreversible. Some last-minute decisions by an outgoing administration may also impose serious political costs, “including costs upon the new administration’s ability to pursue the president elect’s preferred policy agenda.” In other words, an outgoing administration has the opportunity to seriously complicate matters for an incoming administration.

For instance, the George W. Bush administration’s decision to suspend the last-minute (January 22, 2000) Clinton administration rule setting acceptable levels of arsenic in drinking water at 10 parts per million imposed serious political costs on the new administration. Even though only a third of the American public approved of the rule, the suspension led to severe public criticism. The Bush administration’s actions on the arsenic standard became a symbol of what the press liked to call the new administration’s callous attitude toward the environment.

Furthermore, as Andrew Morris, professor of law and business at the University of Illinois, Roger E. Meiners, professor of economics and law at the University of Texas at Arlington, and Andrew Dorchak, a law professor at Case Western Reserve University Law Library explain, “by issuing regulations that make the life of the incoming administration harder, outgoing regulators can earn political capital with their core constituencies, position themselves for rewards in post-administration jobs with interest groups or in a future campaign or administration of their own party.”

Another explanation of the phenomenon is what Boston University School of Law Professor and Harry Elwood Warren Scholar Jack M. Beermann calls “waiting.” Waiting is a deliberate decision on the part of an administration to wait until after an election before doing something that might be perceived as controversial in order to avoid political consequences. At the end of a term, the political costs of taking action decrease. Because an outgoing president is unlikely to seek elective office again, he may have little need for political support, he may no longer worry about political opposition, and he may no longer need cooperation from Congress. As a result an outgoing president and his administration

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29. Ibid., 557.
31. Ibid.
33. Ibid., 602.
34. Howell and Mayer, “The Last One Hundred Days,” 545.
40. Ibid., 957.
41. Ibid.
are freer to take actions that they would not have taken earlier for fear of provoking opposition.\footnote{42}

Of course, an explanation for midnight regulations could just be that some regulations that had been under review for years end up being issued in the last months before a new president takes office.\footnote{43} However, the fact that regulations are regularly delayed for long periods of time does not explain the systematic increase in regulatory activity at the end of presidential terms. A slightly different approach to this explanation is what Beermann calls “delay,”\footnote{44} by which he means a lag between the moment the regulation is proposed and the moment it is passed. One potential explanation for the lag may simply be procrastination.\footnote{45} However, the delay is more likely to be due to external forces. For instance, a stringent judicial review has made the rulemaking process more thorough and time consuming, and has extended the time it takes for a regulation to gain approval. As a consequence, many new regulations are naturally pushed further into the president’s term.\footnote{46} Also, Congress might—knowingly or otherwise—delay a regulation’s issuance. For instance, Beermann explains how the Clinton administration’s ergonomics rules, which set new workplace regulations to combat repetitive stress injuries, were significantly delayed by Congress through repeated appropriations riders prohibiting the Department of Labor from using any of its funds to promulgate a rule on ergonomic injuries.\footnote{47}

2:C. Midnight Regulations: An Effective Strategy?

One would think that an incoming president could easily undo the midnight regulations of his predecessor. As it turns out, however, political and legal obstacles prevent extensive repeal. As we will see in part III of this paper, presidents can issue executive orders, proclamations, and rules to overturn actions taken by their predecessors. They can also block the implementation of the outgoing president’s orders. However, more often than not, incoming presidents cannot alter orders set by their predecessors without paying a considerable political price or confronting serious legal obstacles.

Also, as Howell and Mayer explain, “not only does it take time, but changing the status quo probably means taking on interest groups who are reticent to give up ground that they have just won.”\footnote{48} As mentioned earlier, President George W. Bush experienced difficulties altering Clinton’s January 2001 arsenic regulation.\footnote{49} In spite of public outrage at the time the rule was issued,\footnote{50} Bush faced considerable opposition when he tried to scrap the rule three months later\footnote{51} and ultimately lost the battle.\footnote{52}

In fact, a recent empirical study by Jason M. Loring and Liam R. Roth confirms that passing midnight regulations is a winning strategy for an outgoing president who wishes to project his influence into the future.\footnote{53} The authors track the regulations passed in the midnight period of former presidents Clinton and George H. W. Bush, as well as the incoming administrations’ responses to those regulations. Based on a selected sample of midnight regulations passed by those presidents, the authors find that only 9 percent of George H. W. Bush’s last-minute regulations were later repealed, and 43 percent were accepted without any changes.\footnote{54} By the same token, only 3 percent of President Clinton’s midnight regulations were later repealed by the George W. Bush administration, and a staggering 82 percent of them were accepted without any changes.\footnote{55}

\begin{itemize}
\item \footnote{42} Dudley, “Reversing Midnight Regulations,” 9.
\item \footnote{43} Dudley, “Reversing Midnight Regulations,” 9.
\item \footnote{44} Beermann, Presidential Power, 956.
\item \footnote{45} Ibid.
\item \footnote{46} Ibid., 957.
\item \footnote{47} Ibid.
\item \footnote{48} Howell and Mayer, “The Last One Hundred Days,” 544.
\item \footnote{49} Ibid.
\item \footnote{50} Ibid.
\item \footnote{54} Ibid., 1456.
\item \footnote{55} Ibid.
\end{itemize}
Now that we have established that the midnight regulations phenomenon is real and systemic, we can turn to the question of whether it is problematic and, if so, what can be done about it. This section surveys some of the criticisms of midnight regulations and highlights one particular concern: diminished regulatory review. Section 4 surveys and critiques proposals to curb the effects of midnight regulations and suggests a way to address the particular problem of diminished regulatory review, namely a cap on the number of economically significant regulations OIRA can be expected to review during a given period.

3:A. Often-Cited Concerns over Midnight Regulations

Midnight regulations are the target of perennial criticism. However, unless one believes that regulation of any kind is always problematic, the fact that regulatory activity increases at the end of a presidential term should not by itself be a cause for concern. It is therefore not surprising to find that objections to midnight regulations do not center simply on the increase in regulations, but on the process of their formulation.

The most common criticism relates to accountability. During the midnight period—after the November election, but before a new president is sworn in—a lame-duck administration might be impervious to normal checks and balances. In large part, Congress and the electorate provide these checks. The electorate holds the president accountable at the ballot box, while Congress has oversight over agency activity.

In the lingo of game theory, political checks depend on “repeated game-play.” That is, an administration considering a regulation will not only take into account the current political costs and benefits of the decision it is making, but also how that decision will affect future interactions with other players (Congress and the electorate). If there are no such future interactions, an administration will be more likely to pursue a regulatory course that might have otherwise been unpopular with Congress and the electorate.

A president will not face another election if he has served two terms (Bill Clinton) or if he has been defeated at the polls (Jimmy Carter). In either case, there will be an accountability deficit. Because the president knows that he will not face voters again, the president and his agencies will be less hesitant to pursue a controversial regulatory course. The accountability provided by the threat of congressional retaliation is also weakened once the president knows that there is no “next period” in which he will need Congress’s cooperation on legislative, budgetary, and other matters.

Some argue that this period of unaccountability is, in fact, salutary because it may be the only opportunity an administration has to take a principled stand on issues that would otherwise face swift retaliation by powerful special interests. On the other hand, the case could be made that this is also the perfect time for an administration or its party to favor a particular special interest without fear that it will be held accountable. For example, consider

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59. Ibid., 556–57.

60. Ibid.

61. Ibid.

62. A two-term president might also be constrained until after the election because a controversial regulatory initiative might affect the campaign of his party’s nominee to succeed him. However, once the election is decided, that constraint is removed.

63. According to Morriss et al., “there is minimal incentive to defer to Congress and the electorate when the incoming president is of the opposite party.” Morriss et al., “Between a Hard Rock and a Hard Place,” 557. This is because “the outgoing administration has little incentive to leave unfinished business for the incoming administration” whose policies will likely be opposite. Ibid.
the controversial last-minute pardons issued by George H. W. Bush, Bill Clinton, and indeed most presidents.64

Related to the concern over accountability is the criticism that midnight regulations can be undemocratic. After the election, the people have spoken, and if they have chosen a new president with policies opposite to the sitting president, then actions by the sitting president aimed at exerting power beyond his term may be seen as undemocratic.65 As explained earlier, one way a lame-duck president can exert power beyond his term is by adopting a procedural rule that constrains the executive’s own power, but doing so only at the very end of his term so that the constraint effectively affects only his successor.66 Another way is to force an incoming president to expend political capital reversing his predecessor’s last-minute decisions. During the midnight period, an administration may issue rules in a politically charged area that it knows its successors will surely reverse.67 Such late timing “suggests that there was no hope that the rules would actually be implemented, but rather were passed in an attempt to embarrass the new administration by forcing it to revise or repeal the rules.”68

Another criticism of midnight regulations is the inefficiency and wastefulness inherent in trying to exert influence beyond one’s administration. Putting aside concerns about democracy, enacting regulations contrary to the next president’s policy agenda likely wastes the government’s time and resources.69 The outgoing administration wastes energy by enacting regulations that will no doubt be reversed, and the incoming administration must then take the time to undo them.70

Finally, there are criticisms based on principle. According to Beermann, “in addition to purely legal questions, the problem of ‘midnight regulations’ raises interesting normative questions concerning what constitutes appropriate behavior for an outgoing president and administration.”71 Federal Circuit Judge S. Jay Plager, a former OIRA Administrator under President George H. W. Bush, debating Clinton OIRA Administrator Sally Katzen on the question of midnight regulations, has said “he believes public virtue suffers from the rush to publish.”72 According to a report of the debate, Judge Plager criticized the rush to regulate at the end of an administration as “unseemly,” and argued that “the haste with which midnight regulations are pushed out the door results in ‘a certain amount of sloppiness’ and ‘makes control of the regulatory apparatus appear to be a Washington game.’”73 Professor Nina Mendelson echoes Judge Plager, writing that “something about this activity strikes us as unseemly.”74

The accountability and democracy deficits during the midnight period, as well as the perceived inefficiency and unseemliness of a rash of last-minute regulations, are frequently cited as the main problems with midnight regulations and are very serious concerns. However, in the balance of this article, we will focus on a less-touted problem of midnight regulations: the concern that an increase in the number regulations in a given period could overwhelm the institutional review process that serves to ensure that new regulations have been carefully considered, are based on sound evidence, and can justify their costs.

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66. Beermann, Presidential Power, 951–52. For example, Beermann explains that the Clinton Justice Department changed procedural rules that gave former DOJ employees the power to access work documents, but did so in the last few days of the administration. Mendelson, “Agency Burrowing,” 600.


68. Ibid., 951.

69. Ibid., 951, 972.

70. Efficiency and waste is one of three concerns over midnight regulations identified by Judge Plager. Morrow, Midnight Regulations, 3, 18. “[Plager] believes the ramming of regulations on the way out and the attempt to neutralize them on the way in amounts to an enormous waste of time and effort for both administrations.” Ibid., 3.


72. Morrow, Midnight Regulations, 3.

73. Ibid.

3:B. Regulatory Review

For over two decades, a series of executive orders have required executive agencies to perform economic analysis of the effects of proposed regulations.\(^75\) OIRA, within the Office of Management and Budget (OMB), oversees agencies’ regulatory analysis and can delay some regulations if it believes the agencies’ analysis is inadequate.\(^76\) However, OIRA can also stop an agency from issuing a rule by returning it to the agency. For instance, John Graham, a former OIRA Administrator under George W. Bush, returned 21 rules in the eight-month period before he left the position.

Regulatory review is not a partisan policy tool. Every president since Richard Nixon has relied on a formal system to review new regulations before they are issued. The recurring themes evident in these programs are an insistence that regulatory agencies consider possible alternatives to achieving their target outcomes and that they estimate the cost of these alternatives in order to find the most efficient course of action. By its nature, this type of reasoned economic oversight of proposed regulations requires time and careful consideration. Unfortunately, the effectiveness of the process can be overpowered by a flood of rulemaking activity at the end of an administration.\(^77\)

Below, we will first look at the history and purposes of the regulatory review process, and then we will explore the effects of the midnight regulations phenomenon on that process.

1. A Short History of the Regulatory Review Process

Regulatory review has its origins in President Nixon’s so-called “Quality of Life” review process.\(^78\) Soon after the establishment of the Environmental Protection Act (EPA) in 1970, the White House took notice of the cost—both to society and the treasury—of the new regulation spawned by the Clean Water Act and other newly minted environmental laws.\(^79\) Alarmed by a multimillion dollar supplementary budget request by the EPA in December 1970, OMB concluded that the effects of EPA’s regulation on the budget and on the private sector were going unchecked and that it should take on this mission.\(^80\)

If agencies’ regulations were to be checked (at least for budgetary reasons), they had to be reviewed before they were promulgated, something the White House had not previously done.

Ever since Nixon, every president has improved upon and/or established new procedures for executive review of agency regulation. A significant improvement to the process was the creation of OIRA within OMB under the Paperwork Reduction Act of 1980, which was signed by President Carter on December 11, 1980. Another improvement came under President Reagan: One month into his presidency, he issued Executive Order 12291 titled “Federal Regulation.” The order mandated that “regulatory action shall not be undertaken unless the potential benefits to society from the regulation outweigh the potential costs to society.”\(^81\) The order required all agencies to prepare regulatory impact analyses for proposed “major rules.”\(^82\) What constituted a “major rule” was left largely...
to the discretion of OMB. Although the order did not mention OIRA specifically, but only OMB generally, the review of regulatory impact analyses fell to OIRA. As a result, federal agencies could not publish notices of proposed rulemaking until OIRA had completed a regulatory review and its concerns had been addressed.

During his time in office, President George W. Bush has chosen to operate under procedures established in 1993 by President Clinton in Executive Order 12866. The order requires, among other things, that a regulatory analysis be performed on all rules deemed to be of significant economic impact (rules that impose a burden of $100 million or greater per year). Predictably, this order caused the number of rules reviewed by OIRA to drop markedly. As the executive order directs, the regulatory analysis must include a statement of need for the regulation, an assessment of alternative regulatory approaches, and a cost-benefit analysis.

Table 1 summarizes the improvements and/or new procedures for executive review of agency regulation established by every president since Nixon.

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83. Ibid. Although "major rule" was defined as $100m or more in §1(b), in §3(b) the director/taskforce is given authority to treat other rules as major rules.
84. Ibid.; Copeland, Federal Rulemaking.
85. Weidenbaum, “Regulatory Process Reform.”
86. After 1993, the number of rules reviewed by OIRA dropped from between 2,000 and 3,000 per year to between 500 and 700 per year. See The Federal Rulemaking Process: An Overview, CRS Report RL32240 (2005), 28.
2. Regulatory Review Process

In her Primer on Regulation, Dudley explains that “informal rulemaking, or notice and comment rulemaking, is the most common process used by agencies for writing, or promulgating regulations.” To begin informal rulemaking, the agency or department first proposes a rule or standard (or, in some cases, issues an Advanced Notice of Proposed Rulemaking). As explained in the previous section, agencies are required to perform a regulatory analysis for both proposed and final significant regulations.” Once the analysis is done, the agency sends it to OIRA for review. OIRA has up to 60 days to review the proposed rule.

According to the Executive Order 12866’s language, OIRA review is meant to ensure that the agency’s regulatory analysis “is consistent with applicable law, the president’s priorities, and the principles set forth in this Executive Order; and do not conflict with the policies or actions of other agencies.” Once OIRA has completed its review, it sends the proposed rule back to the agency for revision, asks the agency to withdraw the rule, or approves the rule. If it approves the rule, the issuing agency will publish a Notice of Proposed Rulemaking (NPRM) in the Federal Register to provide broad public notice of issuing agencies’ intended action.

This Federal Register notice initiates a period of public comment that can range from 30 to 120 days or more, depending on the complexity of and interest in the proposal. The public is invited to submit comments on the rules during that period, and the comments are collected on the rulemaking record. After the comment period closes, the agency will decide whether to revise the rule based on the public comments and publish the final rule in the Federal Register (unless it decides not to go forward with the rule based on the comments).

3. Regulatory Review and Midnight Regulations

As mentioned earlier, every administration since Richard Nixon’s has come to view regulatory analysis as a useful tool to ensure the effectiveness of regulation. To
the extent we believe that the regulatory review is beneficial—at least marginally—then midnight regulations are problematic because they undercut the benefits of the review process.

The calculus is simple. As we have seen, at the end of each administration—and especially between administrations of opposite parties—there is a dramatic spike in regulatory activity. However, there is no corresponding increase in the resources available to OIRA during those times of increased activity. If the number of regulations OIRA must review goes up significantly, and the man-hours and resources available to it remain constant, we can expect the quality of review to suffer. Since it was invested with regulatory review authority in 1981, OIRA's budget, in real 2007 dollars, has decreased from $9.4 million in 1981 to $7 million in 2007. Staffing at OIRA has also decreased consistently and dramatically—from 90 full-time equivalent employees in 1981 to just 50 today. The budget and staffing decreases, however, have probably had no effect on the quality of the review process.

89. The calculation rests of two assumptions: First, there is no slack in OIRA's current staff and each employee is already producing at its full capacity. Second, more time will automatically mean better review.

90. We must acknowledge that to prove this conclusively would require judging against objective criteria every OIRA-produced regulatory review issued during each period of November 8 to January 20 for the last 27 years—a massive undertaking. We instead opt to make the case through circumstantial evidence and deductive reasoning.

91. Office of Management and Budget, Appendix to the Budget of the United States for Fiscal Year 1983, I-C7 (OIRA’s actual 1981 budget listed as $4,332,000); Office of Management and Budget, Appendix to the Budget of the United States for Fiscal Year 2009, 1058 (OIRA’s actual 2007 budget listed as $7,000,000).


process. As explained earlier, since 1993 OIRA has only had to review significant regulations, and the number of rules that it has been asked to review has dropped by 70 percent since then. Therefore, the number of rules reviewed per staffer has declined since 1981.

At the same time, we see spikes in the number of economically significant regulations OIRA must review during the final quarters of presidential terms.

As figure 4 shows, during midnight periods, the same number of staff, with the same resources, must review an increased number of regulations. During the midnight periods of the George H.W. Bush and Clinton presidencies, when the transition was to a president of the opposite party, we see the number of economically significant regulations that OIRA is asked to review more than double from the same period in the immediately preceding years. However, there is no concurrent increase in the resources available to OIRA.

As a consequence, we can expect the amount of time and attention devoted to each regulation reviewed to be considerably less during midnight periods. One possible way to measure time and attention is by examining the number of days OIRA takes to review a proposed regulation. On its Web site, OIRA announces both the date it receives a regulation for review and the date when it completes that review.\textsuperscript{95} New Mercatus Center research by Patrick McLaughlin examines whether increases in regulatory activity, such as those that occur during midnight periods, cause average review time to decrease.\textsuperscript{96} He calculates the monthly average review time (i.e., how many days pass between when each rule is received and when

95. Ibid.
the review is finished) and tests whether the number of regulations submitted to OIRA each month for review affects review time.99 Relative to the mean review time between 1994 and 2007 (all full years of data available since the passage of Executive Order 12866), the Clinton midnight period witnessed a decrease in mean review time of about 27 days—a reduction by half in review time.100 Because there is only one midnight period in the timeframe examined, McLaughlin investigates a possible underlying cause of the decreased review time: an increased workload for OIRA.

While OIRA is charged with reviewing all proposed significant regulations, the most important are those considered “economically significant”—those regulations that are expected to have an annual effect on the economy of $100 million or more. McLaughlin finds that the proportion of economically significant rules to all rules reviewed by OIRA spikes dramatically during midnight periods in general.101 He further finds that, in or out of the midnight period, an increase in this proportion negatively affects the review time for all regulations.102 Holding constant the number of regulations reviewed that are not economically significant, one additional economically significant rule submitted to OIRA in a given month decreases the average review time for all regulations by half a day.103 This suggests a diminished level of scrutiny that undermines the benefits of regulatory review.

97. Ibid. OIRA budget derived from Office of Management and Budget, Appendix to the Budget of the United States for Fiscal Years 1983 to 2009.
98. Ibid.
99. Ibid.
100. Ibid.
101. Ibid., 25.
102. Ibid., 22.
103. Ibid., 25.
Several solutions to the midnight regulations problem have been proposed and tried. These have largely addressed the concerns about the fact that midnight regulations are undemocratic. In this section, we examine some of these proposals and make our own suggestion to address the effects of midnight regulations on regulatory review.

4:A. Rescinding and Postponing Regulations

The most common way presidents have dealt with their predecessor’s last-minute regulatory activities has been to delay the effects of new rules and to rescind unpublished rules. A new regulation cannot gain the force of law until it is published in the Federal Register. Even then, once a regulation is published in the Federal Register, it does not become effective until a later time in order to allow regulated parties to come into compliance. Generally, the minimum time in which a new rule can become effective after publication is 30 days, although agencies often set effective dates of 60 days or more. At any point before a regulation is published in its final form in the Federal Register, the agency may rescind the rule at will. Once a final regulation is published, however, to repeal it an agency must engage in the same type of lengthy notice-and-comment rulemaking process it undertook to create the rule.

With these constraints in mind, we see that the most direct course for a new president to address his predecessor’s midnight activity is to “stop the presses” at the Federal Register until the new administration can review unpublished rules and decide which to keep and which to rescind. As for regulations that have recently been published but have not yet become effective, the president can instruct agencies to delay their effective dates, but not postpone them indefinitely.

This is precisely what Ronald Reagan did. First, on January 29, 1981, the Reagan administration issued a memorandum that told agencies to postpone the effective dates of all final rules for 60 days. Then, he issued Executive Order 12291 less than a month after he took office. As explained in part II.B.1 of this paper, that order created the formal regulatory review process we know today. It also suspended the effective dates of recently published rules “to permit reconsideration in accordance with [the] Order,” and directed agencies to refrain from publishing any new major rules until they had undergone regulatory review.

Since Reagan, most presidents taking over from a president of the opposite party have ordered a similar regulatory moratorium. For instance, George W. Bush, the day

106. Ibid. There is an exception to the 30-day rule. If an agency evokes the good cause exception, it can make the rule effective immediately.
109. Jack, “Taking Care,” 1503–11 (explaining, inter alia, that while the effective dates of rules may be delayed for good cause, they cannot be delayed indefinitely, and that courts will also likely be skeptical of a simultaneous across-the-board claim of good cause by a large number of agencies). See also Peter D. Holmes, “Paradise Postponed: Suspensions of Agency Rules,” North Carolina Law Review 56 (1987): 645. Whether delay of effective dates is legally problematic or not, the fact remains that both Ronald Reagan and George W. Bush (each one a president who took over from the opposite party) ordered the preceding administration’s rules delayed as a first order of business. Jack, “Taking Care,” note 11 and accompanying text.
111. Ibid. § 7(a).
112. Ibid. § 7(d).
113. Interestingly, President Clinton didn’t instruct agencies to delay the rules. On January 22, 1993, Leon E. Panetta, the Director of OMB for the incoming Clinton administration, sent a memorandum to the heads and acting heads of Cabinet departments and independent agencies requesting them to (1) not send proposed or final rules to the Office of the Federal Register for publication until they had been approved by an agency head appointed by President Clinton and confirmed by the Senate, and (2) withdraw from the Office of the Federal Register all regulations that had not been published in the Federal Register and that could be withdrawn under existing procedures. See http://www.prop1.org/rainbow/adminrec/930122fp.htm for a copy of this memorandum.
he took office, issued a directive ordering agencies to halt rules from being published in the Federal Register and to “temporarily postpone the effective date of regulations for 60 days.”

4:B. Congressional Review Act

The Congressional Review Act of 1996 (CRA) presents another tool to address the problem of midnight regulations. It creates an expedited process for Congress to repeal any regulation. A rule can be overturned by simple majority vote in each house, and consideration of a repeal measure is fast tracked in the Senate.

The CRA requires agencies to submit all rules to Congress before they can take effect. In order for the CRA’s expedited repeal procedures to have effect, a joint resolution of disapproval must be introduced in either the Senate or the House within 60 days of continuous session after the rule has been submitted to Congress or published in the Federal Register (whichever is later). If a resolution of disapproval passes both houses of Congress and the president signs it, then the regulation is repealed and “is treated as though the rule never took effect.” Additionally, the agency may not issue another rule that is “substantially the same” unless later “specifically authorized” by subsequent legislation.

Therefore, to the extent Congress is concerned that regulations issued during the midnight period suffer from a lack of accountability or regulatory review, it could quickly act to overturn them. However, the CRA will only be an effective check on midnight regulations if the incoming president and the Congress are of the same party. If the party of the outgoing president controls the Congress, and the incoming president is of the opposite party, there is little reason to expect that the Congress will use its authority under the CRA to repeal midnight regulations. Conversely, if the president is of the same party as his predecessor, and the Congress is of the opposite party, it is likely that the new president will veto a congressional attempt to overturn his predecessor’s last-minute rules.

It should therefore not be surprising that the CRA has only been used to successfully repeal a regulation once. The target was a controversial OSHA ergonomics regulation promulgated in the last few months of the Clinton administration. It was disapproved by joint resolution of a Republican-controlled Congress and signed by President Bush.

Despite its practical constraints, congressional action to check midnight regulatory activity may yet be a useful tool. First, it should be noted that Congress has the inherent power to repeal federal regulations at any time and the CRA exists only to facilitate and expedite the process of congressional regulatory review and disapproval. With this in mind, independent of the CRA approach, one approach a new president could take is to conduct a review of rules promulgated during his predecessor’s midnight period, identify any rules that are worthy candidates for repeal, and submit them to Congress as a package. The package approach can make it easier for Congress to take action on midnight regulations by focusing its attention on just one resolution. A package might also help overcome the influence that special

120. U.S. Code § 801(b)(2).
121. Julie A. Parks, “Lessons in Politics: Initial Use of the Congressional Review Act,” Administrative Law Review 55 (2003): 187, 199 (arguing that the repeal of the Clinton OSHA ergonomics standard—the only time the CRA has been used—could only have occurred because the new President and the Congress were of the same party).
122. Ibid., 193–94.
123. Ibid., 197–99.
125. This is theoretically a solution that couldn’t be put in place under the current rules. However, it is useful to think about. As it is now, packaging or bundling of rules is not allowed under the CRA.
interests opposed to repeal would otherwise exert if the regulations were considered individually.126

Although the CRA would not control the package approach, it nevertheless would help facilitate it. Under the CRA, rules submitted to Congress less than 60 days (60 legislative days in the House and 60 session days in the Senate) before a Congress adjourns are treated as if submitted on the 15th legislative day of the next Congress.127 This means that all rules submitted to Congress during an outgoing administration’s midnight period would be treated as if submitted in January.128 More interestingly, because of the way days are counted, rules submitted as early as May in an election year may be rolled over to the next session, and would be considered submitted on the 15th legislative or session day—which could be February.

4:C. Our Proposed Solution

The most common solutions to the midnight regulations problem suggest steps that an incoming president can take to undo his predecessor’s last-minute actions. Another approach would be to try to prevent the midnight regulation phenomenon, or at least mitigate its negative effects.

Professor Andrew Morriss and his coauthors have argued that the root cause of the midnight regulations problem is bad incentives: “Regulators in the lame duck period are not only freed from political fallout from their actions but have positive incentives to cause problems for the incoming administration.”129 They suggest changing those incentives by giving presidents the authority to easily repeal any regulations promulgated during the predecessor’s midnight period by simply publishing a notice in the Federal Register.130 (Judge Plager has even suggested a moratorium during the midnight period that would prohibit new regulations altogether.131) This would certainly address accountability concerns. Last-minute regulations that a president wants to ensure will not be subject to easy repeal would have to be promulgated before the midnight period, while there is still political accountability. However, to the extent regulatory activity continues to spike at the end of an administration—albeit sooner than has previously been the case—the strain placed on the regulatory review process will remain.

Another way touched on by Morriss and his coauthors of changing regulators’ incentives is to increase the costs to bureaucracies of regulating during the midnight period. They suggest only allowing emergency regulations to be put forth during the midnight period, or limiting the size or number of regulations allowed during the midnight period.132 “If agencies faced a ‘budget’ of regulations,” they argue, “they would have to make choices on which subjects to ‘spend’ their budget.”133 This approach certainly would help make regulators more accountable—especially if promulgating significant regulations could be

126. Morriss et al., “Between a Hard Rock and a Hard Place,” 594–95. “[W]hen a rule’s impacts are concentrated in a particular region or on a particular industry, there may not be sufficient political support to change the rule.” A package approach would be similar to strategies employed by Congress to shut down military bases. While Congress can recognize a glut of bases, and the need to close some, individual state delegations will oppose closing the military base in their area. To address this collective-action problem, Congress enacted the Base Closure and Realignment Act: Under this act, a federal advisory committee, known as the Base Closure Commission, was required to develop a recommended list of bases to be closed or realigned. This list would then be submitted as a package to Congress for review. The act required Congress to consider the Commission’s list as a single package; Congress could not alter or delete specific recommendations, but could only enact a joint resolution disapproving the Commission’s entire list within forty-five days. If Congress failed to disapprove the entire list, the Secretary had to implement the recommended closures and realignments within six years. Benjamin L. Ginsberg et al., “Waging Peace: A Practical Guide to Base Closures,” Public Contract Law Journal 23 (1994): 169, 172.


128. The midnight period begins on November 8, the day after the presidential election. The earliest day a new Congress may adjourn is January 3. U.S. Const. amend. XX, §2. Even if a Congress does not adjourn until the day before the new one is to begin (January 2), any rule submitted after November 8 will be submitted less than 60 days before it adjourned. Therefore, for purposes of the CRA, it will be treated as having been submitted on the fifteenth legislative day of the new Congress. U.S. Code § 801(d). The earliest this can be is January 18th.


130. Ibid. At the same time, a president (on average) does not want to be seen as a person who repeals regulations that, as portrayed by the press, save lives. It seems politically more feasible to pass regulations than repeal them.

131. Morrow, Midnight Regulations, 18. “[Judge Plager] suggested a more effective measure would be to have Congress pass a law prohibiting submission of final regulations during the interregnum.”


133. Ibid.
banned altogether during the midnight period. However, a limit on the size or number of regulations during the midnight period does nothing to prevent spikes in regulation. As we have seen, while addressing concerns over accountability, limits on midnight activity might simply result in regulatory spikes before the midnight period.

If what we wish to accomplish is to prevent spikes in regulation that exceed OIRA’s capacity to conduct proper regulatory reviews, then limits must exist at all times. Having permanent caps would ensure that at no time—before or after the midnight period—will the pace of regulatory activity outstrip the resources available to OIRA.

One way to cap regulations mentioned by Morriss et al. is to limit the size of regulations. However, simply setting a maximum cost cap for individual regulations will likely have little effect on regulatory spikes. One could still see a dramatic increase in regulations that individually fall short of the cap. Additionally, the approach is rigid. A draft regulation that exceeds the cap may nevertheless be beneficial, yet impossible to enact.

An alternative approach is to cap the total costs of regulation an agency may impose in a single year. This approach is known as a “regulatory budget,” and it allows agencies to pursue their regulatory priorities, regardless of the cost of each individual regulation, so long as the agency’s total activity for the year stays under the cap. Senator Lloyd Bentsen, who twice introduced legislation to create a regulatory budget, has explained:

A regulatory budget would put an annual cap on the compliance costs each agency could impose on the private sector through its rules and regulations. The process for establishing the annual regulatory budget would resemble the process currently used to set the fiscal budget—we would have a proposed budget from the president and annual budget resolutions from the budget committees. This would make it possible to coordinate the regulatory and fiscal budgets. We need a regulatory budget in order to reduce the impact of unnecessary, excessive, and conflicting government regulations.

A regulatory budget is a reasonably good idea that would work to keep in check the costs imposed on society by regulation. Obviously, regulators have an incentive to underestimate the cost of a regulation, and such a requirement would only increase the pressure to do so. In addition, it would be relatively easy to do considering the large degree of uncertainty associated with some cost estimates. Yet, it would still be useful and better than the current situation where agencies have no obligations to try to limit the total amount of compliance costs.

Additionally, regulatory budget caps might help address the midnight regulations problem by moderating the sort of steep regulatory spikes we see at the end of presidential terms. However, a regulatory budget approach proves too much for our purposes. As noted earlier, our concern in this article is not the reduction of regulation per se, but that regulations receive an adequate amount of time and attention during the regulatory review process.

In theory, an agency should be allowed to regulate as much as it needs to, as long as there is good economic analysis that justifies the need. The OIRA review process is the check that helps ensure sound economic analysis of significant regulations. Therefore, a less restrictive and more politically feasible solution to the midnight regulations problem is to cap the number of significant regulations an agency is allowed to submit to OIRA during a given period.

Because OIRA has up to 90 days to review significant regulations, a rolling 90-day window might be an appropriate period. That is, an agency would be allowed to submit no more than X number of significant regulations for review in any 90-day period. The number X would be based on the resources—budget and staff—available to OIRA. The number should be well above the “normal” levels of regulatory activity we see during non-midnight periods; the cap should only be approached during the periods of dramatic spikes seen at the end of presidential terms.

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134. Ibid.
137. Executive Order 12866, § 6(b)(2)(B).
A flexible number cap is a practical approach. Unlike a regulatory budget approach, which has been politically unfeasible so far, there would be no limit to the total cost of an agency’s regulations. An agency would be able to regulate as it sees fit. The only limitation is that it cannot exceed OIRA’s capacity to adequately check its work. In practice, this means that an agency will not be able to promulgate an abnormally large number of significant regulations in a short period, so the agency must therefore prioritize its proposed regulations.

Capping the number of regulations an agency can submit in a given period rather than the total cost also makes sense because there are fixed costs for reviewing each rule. When a regulation is submitted to OIRA, a “desk officer” that is specialized in regulations from a particular set of agencies conducts the review. A spike in the number of reviews a particular desk officer must complete would seem to affect the quality of his work more than the total cost of the regulations. Additionally, if the desk officer charged with reviewing Department of Education regulations is flooded with proposed regulations from that agency, for example, the work cannot simply be shifted to the Homeland Security desk officer. It therefore makes sense to cap the number of regulations that can be submitted to OIRA by agency rather than in total.

Finally, because the number cap would exist only to ensure quality review, not to limit the amount of regulation, it should be based on the resources available to OIRA and especially the desk officers and other regulatory review staff available. What this means is that the ceiling on the number of regulations that can be processed by OIRA in a given period can be raised by increasing the resources available to it. In this way, Congress and the president can always choose to allow for regulatory spikes while preserving quality review.

A cap could be implemented by presidential directive or by statute. The regulatory review process is completely a creature of executive order, the constitutionality of which has largely been recognized. If the president has the authority to devise and enforce a system that checks his administration’s regulatory decision making, it follows that he should be able to outline procedural rules to ensure that system’s quality. Congress has also previously flirted with the idea of codifying the OIRA regulatory review process into law, and if it ever did, it would be able to include our proposed safeguards.

138. Currently, the United Kingdom has designed such a budget cap which is scheduled to start a trial run in 2009 and be fully operational in 2010.
140. Curtis W. Copeland explains the staff resources available to OIRA: When OIRA was created in fiscal year 1981, the office had a “full-time equivalent” (FTE) ceiling of 90 staff members. By 1997, OIRA’s FTE allocation had declined to 47—a nearly 50 percent reduction. Although Executive Order 12866 (issued in late 1993) permitted OIRA to focus its resources on “significant” rules, this decline in OIRA staffing also occurred during a period in which regulatory agencies’ staffing and budgetary levels were increasing and OIRA was given a number of new statutory responsibilities. Starting in 2001, OIRA’s staffing authorization began to increase somewhat, and by 2003 it stood at 55 FTEs. Between 2001 and 2003, OIRA hired five new staff members in such fields as epidemiology, risk assessment, engineering, and health economics. OIRA representatives indicated that these new hires reflected the increasing importance of science-based regulation in federal agencies, and would enable OIRA to ask penetrating technical questions about agency proposals. Copeland, Federal Rulemaking, 1257, 1293.
141. In fact, some have argued that OIRA’s resources at present are inadequate and should be increased. Robert Hahn and Robert E. Litan, “Why Congress Should Increase Funding for OMB Review of Regulation,” Brookings Institution (October 2003), http://www.brookings.edu/opinions/2003/10_ombregulation_litan.aspx.
142. According to Copeland, “OIRA does not have a specific line item in the budget, so its funding is part of OMB’s appropriation. Similarly, OIRA’s staffing levels are allocated from OMB’s totals.” Federal Rulemaking: The Role of the Office of Information and Regulatory Affairs, CRS RL32397, 29 (2004). This means that either Congress could increase OIRA’s budget by creating a line item, or the president could increase the budget by prioritizing the distribution of OMB’s budget differently.
143. Ibid., “Although some observers continue to hold that view.”
The midnight regulation phenomenon is a well-documented one. The reasons behind it range from the desire of the outgoing administration to extend its influence into the future as well as the opportunity to impose costs on the incoming administration. In fact, the high political costs a new administration faces in overturning those last-minute rules makes it an effective strategy for the outgoing administration to project its influence beyond its term.

Midnight regulations are problematic. In particular, if we accept that regulatory review is beneficial, then midnight regulations raise serious concerns. All things being equal, including the relatively fixed review staff at OIRA, a sudden increase in regulations going through the review process during the midnight period leads to a diminished review process and weakened oversight.

Until now, the most common solutions to the midnight regulations problem have suggested steps that an incoming president can take to undo his predecessor’s last-minute actions. Our solution tries to mitigate the negative effects of midnight regulations by changing the incentives on the outgoing administration. We suggest that the best way to address this particular problem is to place a cap on the number of economically significant regulations OIRA can be expected to review during a given period.
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